



**RURAL ACTION CENTRE**  
**CENTRE D'ACTION RURAL**  
 Services de développement économique et communautaire  
 Business & Community Development Services

**Wondering how to get started?**  
 Are you looking to start a new business? Are you an existing business looking to expand? A community group looking for assistance? Drop by and see how we can help.  
 Visit our website at [www.ruralactioncentres.ca](http://www.ruralactioncentres.ca) for other upcoming information sessions and events! *Entrepreneurship...Creating your path to success!*

**Souris Client Information Officer**  
 Lori MacGregor  
 15 Green Street, Souris PE C0A 2B0  
 Phone: (902) 687-4084  
 Toll Free: 1-855-297-9898  
 Email: [lori.macgregor@cbdc.ca](mailto:lori.macgregor@cbdc.ca)

**Montague Client Information Officer**  
 Chantale Ansems  
 540 Main Street, Montague, PE C0A 1R0  
 Phone: (902) 838-4030 ext. 221  
 Toll free: 1-855-297-9898



We're so excited to be going East for our Spring Barnboard event in April! This is something you'll love to display all season long!

**April 21, 2018**  
**Lot 45, Souris**

Paint an image, have some drinks, have some fun, and take home your painting at the end of the night!!

**SOURIS LEGION**  
 902 687-2300  
**LEGION**  
 —SPECIAL EVENTS—

**Cribbage Tournament**-- Monday March 26th, and Monday April 9th at 7 PM. Cost is \$10. per person. Open to the public, and refreshments will be served.

Next **Trivia** is Friday April 6th at 7:30pm, admission is \$3. *Trivia will NOW be on the FIRST Friday of every month.*

**Casino Night**-- Friday April 13th at 8pm. Come and try your luck. A \$10. admission fee will get you \$25,000 in 'play money', plus a door prize ticket. At the end of the evening, 2 auctions will be held, one for 'play money', and one for real money. There will be some 'awesome' prizes to be auctioned off. The games to be played are Black Jack, Poker, and Roulette.

**Money Madness**-- \$100. worth of lottery tickets for sale-- 1 ticket for \$2. or 3 tickets for \$5. Tickets are for sale at the bar daily. The draw will take place on Mother's Day May 13th.



We are looking for artists of all mediums, to be part of Artisans on Main, Souris for the 2018 season. To be eligible artists must be residents of the Points East Coastal Drive region and have their products juried in accordance to the standards of the PEI Craft council. <http://peicraftcouncil.com/membership-standards-guidelines/>  
 Jurying will take place on Friday April 20<sup>th</sup>, 2018 from 12:00 TO 3PM, Access PEI, 15 Green Street, Souris. For further information, please contact Nancy Ching @ 902-357-2188



**Souris Volunteer Tax Clinic**  
 (75 Main Street, Souris, PEI)  
**Walk-in Clinic – No appointment necessary**  
 Clinics are held every Wednesday from 9:00am to 2:00pm  
 from March 7<sup>th</sup> to April 25<sup>th</sup>, 2018

**\*In case of inclement weather, if the Souris Access PEI is closed, the tax clinic will also be closed**

**SOURIS LEGION**  
 902 687-2300  
**LEGION**

**MONTHLY MEETINGS:** Second Tuesday of every month: **April 10<sup>th</sup>, 2018**

**BINGO:** Every **THURSDAY** night @ 7 pm. GREAT PRIZES- play one game or 10. Everyone of LEGAL AGE is WELCOME. COME ONE COME ALL!!

**FOOD BANK:** Every Saturday 11:00-12:30 Downstairs

**DIG FOR THE DEUCE:** Dig for the Deuce - Tickets available at the LEGION ONLY during business hours-Monday - Friday 11 AM to 12 AM, and Saturday from 11 AM to 6 PM, then from 6:15 to 8:15, with the draw at 8:30. Tickets are \$5/each or 5 for \$20. Tickets can also be purchased online at [www.acechaser.com](http://www.acechaser.com). In addition to the draw for the consolation prize winner (and possibly the Jackpot winner) there will be 2 additional tickets drawn each Saturday. One ticket will win a \$50.00 prize sponsored by the Souris Firemen Association and the other ticket will win a voucher/prize for 5 free tickets for the next week's draw. This is sponsored by the Souris Legion.

**Membership fees** are now due, and can be purchased at the bar.



***When you see the scissors, it means cut out the info and hang it on your fridge or peg board for future use***

To keep up-to-date on community events and news: follow the Town of Souris on Twitter or like us on Facebook. TOWN of Souris or @SourisPE or [www.sourispei.com](http://www.sourispei.com) or Instagram

 <p>The Mayor &amp; council along with Shelley, Joanne, Greg, Jeanne, Danny &amp; Brian want to wish Town Bookkeeper: Patty Rose all the best in her future endeavors!! Patty will be missed!! Our new bookkeeper is: Liz Chaisson</p>	<p><b>SAVE THE DATE!!!</b></p> <p>Sunday, May 20<sup>th</sup> 2018</p> <p>Little Pond Community Centre Lobster Supper</p> <p>More information in May's mousetales</p> <p><b>SAVE THE DATE!!!</b></p>	<p><b>PHARMASAVE</b></p> <p><b>Main Street</b></p> <p><i>Proudly serving Souris for 25 years!</i></p> <p>175 Main Street 902.687.4104</p>
<p></p> <p><b>Just For You Massage Therapy</b></p> <p><i>Come and be Kneaded</i></p> <p>Monday, Wed &amp; Friday 9-5 Thursdays 1-8 Tues. closed except for emergencies @ 2615 East Point Road, Kingsboro</p> <p>Book on line @ <a href="http://www.massagebook.com">www.massagebook.com</a></p> <p>or via facebook, text or call: 902 208-1105</p> <p>Direct Billing to most insurance companies</p>	<p></p> <p><b>E &amp; M Construction &amp; Maintenance</b></p> <p>Renovations, windows, doors, siding, flooring, decks, and more</p> <p><b>NO JOB TO SMALL</b></p> <p>Home: 902-743-2077 Cell: 902-327-0250 edfraser61@gmail.com</p>	<p><b>HERITAGE MEMORIALS</b></p> <p><u>LOCAL AGENTS:</u></p> <p><b>Charles Dunphy</b> 902-687-1918</p> <p>When you choose from Heritage Memorial, we assure and guarantee that your memorial will be a permanent legacy of your remembrances. At Heritage our commitment is to quality and value. Every monument expertly designed, crafted and installed by Atlantic Canadians</p> 
 <p>April 22, 2018</p> <p><b>DO YOUR PART TODAY AND EVERYDAY!!</b></p>	<p></p> <p>The Family Resource Centre has changed its name from Main Street Family Resource Centre to <u>Families East</u>. Our new address is 40 Lower Rollo Bay Rd. 902-687-3928</p>	<p></p> <p><b>SOURIS LIONS CLUB</b></p> <p>Meet the first and third Thursday of each month @ Legion! <b>Visitors are always welcome to attend our meetings</b></p> <p>Contact Curtis Laybolt 902-743-2143 or email @ <a href="mailto:lioncwllybolt@gmail.com">lioncwllybolt@gmail.com</a> or <a href="http://www.facebook.com/sourislionsclub">www.facebook.com/sourislionsclub</a></p> <p><b>Lotto Club Draw Winners for March</b> \$500.00 F Stewart \$100.00: P Cheverie, R Elliot, G White, \$50.00: C Cahill, L MacPherson, E Ching, P MacAulay</p>

**Business Plan Basics Workshop – April 19<sup>th</sup>, 2018**

If you are planning to start or expand a business and want a head start on preparing a business plan, than these workshops are for you.

WHAT YOU WILL LEARN

- Why A Plan Is Necessary
- What Lenders Look For In A Plan
- The Essential Elements
- Best Practices & Tips
- Online & Offline Resources
- Successful Marketing & Pricing Strategies

**ONE DAY WORKSHOP!!**

Please pre-register with your \$20 to reserve your seat by calling Souris Rural Action Centre 902-687-4084  
1968 Cardigan Road, St. Peters Bay – St. Peters Complex

## April fun facts

April's Honorary Flowers are Daisies and Sweet Peas  
 The Diamond Is April's Birth Stone  
Celebrations in the month of April. These are the Cancer Control Month, Alcohol Awareness Month, Jazz Appreciation Month, Teacher Appreciation Month, National Arab American Heritage Month, National Poetry Month, Arbor Day, Earth Day, Autism Awareness Day, and April's Fools Day.



Easy Dance  
 Fitness  
 Class "*Night Grooves*"  
 offered at  
 Souris Yoga

studio on Mondays at 7 and  
 Thursdays at 5 all ages-all levels.  
 902-327-1035 for info.



## MUSIC IN THE PARK SERIES:

Every Sunday in August  
 2-4pm  
**NEW location: CN Park on Pond Street**  
 I am looking for entertainers to fill the Sunday's in August. If interested please call Joanne 902-687-2157 ext 0



The Annual General Meeting of the Friends of Elmira Railway Museum Inc. will be held at the Eastern Kings Community Center on April 24, 2018 at 7:00 PM. Everyone Welcome!!

## Eastern Kings Health Centre Walk-in Clinic Schedule April 2018

9am - 12noon; 1pm - 3pm  
 Friday, April 6th  
 Saturday, April 7th  
 Sunday, April 8th  
 Monday, April 9th  
 Wednesday, April 11th  
 Friday, April 13th



## SUPPLY CUPBOARD

**FOR SALE**  
 Chair mat, vinyl, Hardwood straight,  
 45"x53" - 99.90 + hst  
  
 A few SLIME starter kits 😊  
  
**DROP IN AND TAKE A LOOK  
 SHOP LOCAL!!**

## Steve's Woodworking & Furniture repair



- Custom made wood furniture
- Dining room chairs repairs
- Antiques restored & refinished
- Armoires repaired
- Kitchen cabinets repaired
- Deck repair

If your furniture needs to be repaired, why throw it away when it can be repaired and restored?

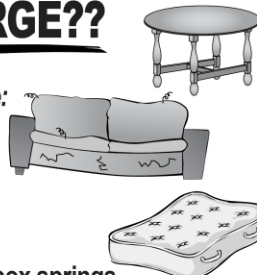
**Call me for a free estimate.**  
**Steve Smith -902-687-2506**  
 69 Harrison Road Souris West,  
 COA 2B0

## DID YOU KNOW?

Residents can dispose of large, bulky household furniture at  
**NO CHARGE??**

Examples include:

- sofas
- tables
- china cabinets
- patio furniture
- mattresses & box springs



## DINGWELLS MILLS WASTE WATCH DROP-OFF CENTER

100 Selkirk Road  
 Mon., Wed. & Friday: 8:00 - 4:30  
 Saturday: 8:00 - 12:30



[www.iwmc.pe.ca](http://www.iwmc.pe.ca)  
**1-888-280-8111**



## SUPPLY CUPBOARD

Main Street Mall  
 175 Main St. PO Box 538  
 Souris PE COA 2B0  
**Phone Fax**  
**902-687-3457 902-743-3005**  
 Email:

[contactus@supplycupboard.ca](mailto:contactus@supplycupboard.ca)  
 Monday - Friday  
 9:00am-5:00pm  
 Closed on Saturday

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 FAXING**

BETTY BRITE DROP-OFF ~ SATELLITE SALES, AND BELL ALIANT/MOBILITY & BELL MODEM RETURNS - LOCAL MADE CRAFTS

## Souris-PEI MAIN STREET MALL



**Independent**  
 902-687-3113



902-687-3332

**Proudly Sponsoring Events in Our Community**



All your shopping needs—One convenient location.  
 175 Main Street, Souris PEI



**Souris Co-op**  
 83 Main St. Souris, COA 2B0  
 ph. 902 687 2723  
 fax 902 687 2020

Sunday 12-5 ~ Monday to Thursday 8-8 Friday 8-9  
 ~ Saturday 8-6



<p><b>Eastern Kings Travel Lift Cooperative Limited Annual Meeting</b>  <b>Thursday April 19</b>          Access PEI Souris  <b>@ 7:00</b>  <b>All Welcome!</b></p>	<p><b>FREE UKULEE LESSONS</b>  <i>Seniors Building M</i> located on Cantwell Crescent across from Souris Hospital          When: Wednesdays starting March 7<sup>th</sup> to May 2<sup>nd</sup>          Time: 1:00-3:00pm          For further information please call Carol Sharkey @902-687-2088</p>	<p><b><u>Easter Holiday Hours</u></b>          Town of Souris Municipal Office will be closed Friday, March 30<sup>th</sup> for Good Friday and Easter Monday April 2<sup>nd</sup>, 2018 Opening Tuesday, April 3<sup>rd</sup> @ 8:30am</p>
<p><b><u>Evergreen Wellness Store</u></b>          11 Hebrew ave          Check out our New Website  <a href="http://www.evergreenislandrose.com">www.evergreenislandrose.com</a>          (w/ Island rose esthetics)</p> <p><b>NATURAL WELLNESS PRODUCTS</b>          Personal Customer Service to help you Find what you need to Feel your Best Naturally!!</p> <ul style="list-style-type: none"> <li>* Natural cold remedies, pain relief, Weight loss, Natural beauty, cholesterol support and Much more!!</li> <li>* Stocking well trusted brands like- Bell Lifestyle, Dr. Gifford Jones, NOW, St. Francis Herb</li> </ul> <p>Text or call 902-327-1035</p>	<p><b>SOURIS PUBLIC LIBRARY</b>          75 Main Street, Souris, PE CoA 2B0          902-687-2157 ext. 4          E-mail: <a href="mailto:souris@gov.pe.ca">souris@gov.pe.ca</a></p>  <p><b>HOURS</b>          Tuesday: 4:00 pm - 7:00 pm          Thursday: 4:00 pm - 7:00 pm          Friday: 10:00 - 12:00 - 12:30 pm - 6:00 pm          Saturday: 10:00 am - 3:30 pm</p> <p><b>PROGRAMS FOR KIDS-April!</b></p> <p><b>Storytime:</b>          Fridays at 2:00 p.m.</p> <p><b>PD Day Fun: Reduce, Reuse and Recycle Inventions!</b>          Friday, April 13<sup>th</sup> at 10:30 a.m.</p> <p><b>Adult:</b>  <b>Cyber Seniors</b>          Drop in during open hours and we can help you with any tech related questions!</p>	<p><b>SOURIS LIVE INC.</b></p>  <p>Souris Live is gearing up for another great season in a brand-new venue! We are excited to be starting our 6th season at the newly renovated Souris Legion located at 56 Main Street. Souris Live is excited to bring you live music and theatre with shows beginning in June 2018. Keep your eye out for our upcoming schedule, especially our "Sunday by the Sea" Music Series.</p>
<p><b>Fortune Community Centre</b>          220 Fortune Wharf Rd. N.</p> <p><b>Darts for Meat</b> – Every Friday at 7pm          *Cash Bar – all 19 &amp; over welcome.          Last night for this season for Darts will be April 27<sup>th</sup></p> <p><b>Pub Night</b> –Every Friday at 6:30pm *Cash Bar – all 19 &amp; over welcome.</p> <p><b>Fish for the Five Draw</b> –Building weekly Jackpot. Tickets \$5 each or 5 for \$20. Tickets sold Monday – Thursday 8-4 at Eastern Media. 95 Main St. Fridays from 6:30 – 8:30 with draw every Friday at 8:30pm</p> <p><b>Hot Roast Beef Dinner</b> – April 14th at 6pm. Tickets \$25. Advance Tickets Only Cash bar and everyone 19 &amp; over welcome. For tickets call 902-213-4367 or drop in to Eastern Media at 95 Main St.</p> <p>Stay up to date on events at the Centre at <a href="http://www.fortunecommunitycentre.com">www.fortunecommunitycentre.com</a> or follow us on Facebook @ <b>Fortune Community Centre</b></p>	<div style="border: 2px solid black; padding: 10px;"> <p style="text-align: center;"><b>IDEAL PROTEIN</b></p> <p>Not only are we seeing clients lose weight with Ideal Protein, we are seeing tremendous improvements in <b>blood sugar levels, blood pressure, and overall better well being!</b></p> <p>This is resulting in a <b>reduction in medications</b> and an increase in <b>energy levels!</b></p> <p>Please join us for a free, no obligation, information session on <b>Thursday, April 5th</b> at 6:30pm here at the Seaside Medical Center.</p> <p><b>Call (902) 687-2013 to reserve your seat.</b></p> <p style="text-align: center;"><i>Souris</i>  <b>Remedy'sRx</b>  <small>The Local Drug Store®</small></p> </div>	<p><b>EASTERN KINGS COMMUNITY CENTRE</b></p> <p><b>**Everyone is invited to hear Dr. Irene Novacek talking about the rare Giant Irish moss in the Basin Head area on Tues March 27th at 1:30pm an information about solar energy.</b></p> <p><b>**The Senior Neighbours Club are having their annual meeting on Wed. April 4th starting at 12 noon with Pot Luck membership fee of \$5.00 will be collected at the meeting.</b></p> <p><b>**Saturday April 7th at 1pm will be Genealogy with Kelly Stevens. Everyone welcome.</b></p> <p><b>**There will be an Open House at the Community centre on Tuesday April 10th from 6-8pm to show case all the courses held over the winter. These are Shadowboxing, Crochet, Bird Carving, Rug hooking, Wildlife sessions. We will be serving chili, soup, rolls tea and coffee -all free.</b></p>



Colville Manor needs **VOLUNTEERS** who would enjoy playing cards with our residents. Once per week.

For more information please call: Linda MacGillivray - 902-687-7090