

# FEBRUARY MOUSETALES

2024

### **Monthly Newsletter:**





Lions Club Draw – January Winners!
CONGRATULATIONS!!

\$500 - V. Robertson

\$100 -O. Ching, L. MacPherson, Morell Lions Club

\$50 - J. Laybolt, C. Macaulay, J. MacPhee, D. Laybolt

Visitors are always welcome to attend Souris Lions Club meetings Contact Larry Fitzpatrick or email at <a href="mailto:sourislions@gmail.com">sourislions@gmail.com</a> .....follow us on facebook www.facebook.com/sourislionsclub



Souris Lions Club members meet

the first and third Thursday of each month @ Legion!



**SOURIS LEGION** - 56 Main Street (902)687-2300

FGION Open 11 to 11 Monday – Thursday, Open 11 to 12 Friday & Saturday.

Next regular Legion meeting Feb.  $13^{th}$  at 7PM.

Serving food 11am-7pm. Call for menu & details. DIG FOR THE DEUCE with live entertainment on Saturday evening. Tickets available at the Legion or online at <a href="https://www.acechaser.com">www.acechaser.com</a>. OPEN CRIB Wed. 6:30 pm, BINGO Thursdays at 7pm. Saturday afternoon JAM SESSIONS—at 2:30pm, everyone welcome! Check Souris Legion Branch 3 Facebook page for further details about our events. BUDDY CHECK 1st & 3rd Tuesday of each month.

FOOD BANK Saturday mornings 9:00a.m.-11:00a.m. Back door to the basement of the Legion.

YARD SALES WILL RESUME IN THE SPRING - TBD.

ALZHEIMER SOCIETY of PEI and SOURIS SILVER THREADS CLUB Are pleased to present famed PEI storyteller Alan Buchanan At Silver Threads Club 78 Main St. 1:00pm -2:00 pm Wednesday, January 31, 2024, FREE admission





CELEBRATES ITS **12**<sup>TH</sup> BIRTHDAY WITH FEBRUARY'S EDITION!!







In partnership with the Government of PEI, the Salvation Army is helping Islanders heat their homes this winter through

The Home Heating Program.

The program provides assistance for the following heat sources: oil, wood, electric, wood pellets, and propane. We will be providing a day for Islanders who live in the Souris area.

Date and Time Accepting Applications at Souris Town Hall: TBD then announced on the Town's fb

page Qualified Applicants: You live in PEI and are within the following income threshold:

- \$45,000 for one-person households, \* \$60,000 for two persons and up
- Applicants cannot be in receipt of social assistance
- Your household is experiencing an emergency heating situation The Home Heating Program offers a maximum assistance in the amount of \$1200 per calendar year for individuals & families.. If you are in an emergency home heating situation, please contact us to set up an appointment. Phone Number: 902-218-1212 or 902-916-0648 Email: Charlottetowncc.homeheating@salvationarmy.ca Applications are available for pick up at all Public

Libraries and all access P.E.I offices across the island







### **FEBRUARY'S NEWS & EVENTS**



SOURIS PUBLIC LIBRARY 75 Main Street, Souris PE COA 2B0 902-687-2157 Ext. 4 <a href="mailto:souris@gov.pe.ca">souris@gov.pe.ca</a>
HOURS: Tuesdays & Thursdays: 2:00pm-6:00pm Fridays & Saturdays: 10:00am-3:30pm Free WiFi
FAMILY STORYTIME Saturday 10:30am – Ages 0-5 Stories, Songs, & Rhymes for children. Making Slime
All supplies provided Thursday, February 15th, 3:30pm, Ages 6 - 12

Thermal Cameras We offer a number of FLIR TG165-X thermal cameras for the public to borrow. These devices detect heat by capturing different levels of infrared light which can potentially lead to helpful advice on home improvements and repairs. New Library of Things Items! home tool kits, stud finders, bicycle tool kits, and gardening tools that you can check out with your library card. Flipster - Your library card gives you 24/7 access to a wide variety of popular digital magazines through Flipster. With Flipster, there are no wait lists nor borrowing limits.

### **TOWN OF SOURIS FREE FAMILY DAY FUN EVENT**

Monday, February 19, 2024 at SRS, 15 Longworth Street 1:00 pm to 3:00 pm

Everyone is welcome to join in the many activities.

Pickle ball, Ping pong loopit, Groove - dance fitness, Sledding

Heathy snacks provided

Sponsors & Partners: Souris









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### **Mental Health Counselling in Souris**

Julie Lindsay, a licensed and experienced Counselling Therapist (CT) and a Canadian Certified Counsellor (CCC), is now accepting therapy clients in her home in Souris for a limited number of hours each week. Julie currently works with individuals, families, couples, and groups. She has years of experience working with children and adolescents, grief and loss, couples/relationships, parenting, and trauma. Julie holds graduate degrees from Mount Saint Vincent University, Halifax, and Lehigh University, Pennsylvania, as well as Bachelor's degrees from Dalhousie University, Halifax, and Carleton University, Ottawa. You can contact Julie for more information regarding fees, insurance, and hours or to arrange a session at: julielindsaynye@gmail.com

### EASTER EGG COLORING WORKSHOP March 23, 2024 @ Silver Threads Club 1:30-3:00 pm

•Unleash Your Creativity! Join us for an Egg-citing Workshop! Get ready for a fun-filled afternoon of Easter egg decorating at the Silver Threads Club! Easter Egg Coloring Fun for Ages 5-12 Express Your Artistic Side Must Register: Call 902-687-2157 (Limited Space Available) Attire: Wear old clothes or painting smocks Free Event – Courtesy of Our Generous Sponsors: Town of Souris & PEI Egg Farmers Association

•Don't Miss Out on the Egg-citement! See You There!



**The 15<sup>th</sup> Annual Mermaid Tears Seaglass Festival** committee is getting started planning for the upcoming festival...The next meeting will be **February 20 @ 5:30pm** at the Souris Town Hall....If interested in helping in any way please contact Jeannie at 902-687-2157 ext 0 – thanks We are always in need of volunteers especially groups looking to fundraise. We need people to help with parking, setting up, tearing down, play the role as Marina Mermaid, security, music and supervise the children's area. We can offer bursary hours!









### Next Souris Town Council Meeting Monday, February 12th 7pm

**SOURIS LIVE** would like to thank concert attendees, performers, and donors for their support for our 2023 Souris By the Sea Concert Series. We would also like to thank the Souris Legion and staff for allowing us to use their beautiful building as our concert venue. Our AGM will be held on Feb. 16<sup>th</sup> at 266 Souris River Road. It will start with a meet and greet at 6:30, and the meeting will be at 7:00pm.

Thank You!

SOURIS SHOW HALL...... www.sourisshowhall.com - February 11, 2024 from 2-4pm Fiddlers' Sons concert with Eddy Quinn, John B. Webster & Keelin Wedge Advance Tickets \$10 Sponsored by Silver Threads Club



Take Off Pounds Sensibly (TOPS) Meets Wednesdays 5:30-6:30pm at Silver Threads Club – 78 Main St. Powerful support for real weight loss & lifelong health. Join us for a complimentary No-obligation first visit. We also wish to extend this invitation to all our former members. Call Mae 902-687-2877 for more information.



### Souris Striders Ski club AGM Tuesday, February 13, 2024 at 7pm All members welcome!



Ski season is here, and memberships are available for \$20 Adults \$10 Children under 12, 6 years old and under are free. Rental are \$5 each. For further details check out <u>www.sourisstiders.ca</u> 4 groomed trails for classic, skate and snowshoe. Night skiing on our 3km lit trail! We look forward to seeing all new and old skiers/snowshoers.

## SENIORS EXERCISE **PROGRAM**

With Lorraine Robertson St. Mary's Hall, starts Jan. 30th At 9:15 a.m. for 8 weeks. \$2 per session.

# Pay on first day.

M=

#### Winter has arrived!!

You know the drill: beef up your emergency preparedness kit (storm chips optional) \* gather flashlights and batteries \* prepare to go without power (just in case) \*refill prescriptions if running low \*gas up \* make sure your 911 sign is always clearly visible \* check on your neighbours Follow Environment and Climate Change Canada

- Weather for updates. More on emergency preparedness

at: https://www.princeedwardisland.ca/.../extre me-weather-safety



Eastern Kings Sportsplex news: Adult and Pre-School Skates. Mondays: Pre-school skate 10am & Adult skate 11am Thursdays: Pre-school 11am & Adult 12noon

# **NOTICE RESIDENTS**



# The Town of Souris

want all residents to be aware that if an emergency happens in the community, it may take emergency workers some time to reach them. They should be prepared to take care of themselves and their families for a minimum of 72 hours.

Emergencies can be stressful. However, if people take the time to prepare, they will be better able to cope. There are emergency preparedness guides available at the Souris Town Hall and we are going to make them available in other businesses located in the town.

There are three basic steps to being prepared.

- 1. Know the risks
- 2. Make a plan
- 3. Create an emergency kit. It is so important for people to get to know their neighbors better so that if they ever do need assistance they can reach out to their neighbor. Do a neighbourly buddy check.

The Town of Souris and Souris West's emergency reception centre is the upstairs of the Eastern Kings Sportsplex, 203 Veterans Highway. There will be signs posted outside the centre (weather permitting) to let the public know the centre is open. It is important that people contact their municipality to find out if the centre is open and confirm the hours of

People can get more information on safety during extreme weather at the **Emergency Measures Organization:** 

telephone 902-894-0385 toll-free (daytime only) 1-877-894-0385 email: emo@gov.pe.ca

Souris Adult Badminton Club 2023-2024 Season Started Thursday September 21, 2023, ends on Thursday, April 26, 2024 Thursday's from 6pm to 8:30pm at l'école la belle cloche next to the Rollo Bay Inn. Cost is \$20 for season. All are welcome to come out and give badminton a try; it's free for your first night of play. Our club is open to students 13 and older. Contact: Donald Bergeron dbergeron1104@gmail.com

# **Souris Office Suites**

Fully renovated office spaces.

- Various sizes to choose from
- · Available immediately
- Short and long term rentals available

Perfect for business offices or service based operations.

Contact us for a viewing and more information.

### Main Street Mall

175 Main Street Souris, PEI 902-687-1845 ~ fsands@mepei.ca





### THANK YOU!!

colville Manor in Souris want to send out a HUGE thank-you to everyone who donated this Christmas to help with our Resident Christmas Presents. With the support of our community, we received many items and monetary donations which we are so appreciative for. Thank you for making our Christmas a wonderful one this year!!





Proudly
Supporting
Events in Our
Community



902-687-3113

902-687-3332

175 Main Street Souris, PEI

**Souris Office Suites** 



Just For You Massage Therapy

Come and be Kneaded

Serving the Community since 2014

Book online @ Justforyoumassagetherapy.ca

or text 902-208-1105

Mon. Wed. & Fri 9 am-5pm Thursdays 1pm-8pm

The Town of Souris Traffic Bylaw has parking restrictions in place from Nov 15 to April 15 annually. Onstreet parking within the Town of Souris is prohibited between 1 a.m. and 6 a.m. Your cooperation is appreciated.



COMITÉ ACADIEN ET FRANCOPHONE DE L'EST

861 Route 2, Rollo Bay, COA2B0, PE Tel: (902) 687-7179

facebook.com/PavillonDeLest



1<sup>ST</sup> PRIZE: Couple's Day at Mysa Nordic Spa Resort

PRIZE: Couple's Valentine's Gift Basket

3 PRIZE: \$50 Gift Certificate - Rossignol Winery



wildrosesanctuarypei@xplornet.com, 902-978-1819 e purchased through etransfer by text, email or cash at farm



## **PHARMASAVE**

Main Street Pharmasave 128 Main Street 902.687.4104

www.pharmasave.com





902-330-4243 sourissauces@gmail.com 396 Veterans Memorial Hwy

Open 7 days a week
10am – 4pm
What is Souris Sauces all about?
"From Seed to Salsa"
Fresh, Wholesome, Natural
Pesticide Free,
Small Batch Salsa,
Jellies, Grill Sauces &
Preserves
From our hands to yours
Tantalize your tastebuds!



Souris Co-op 83 Main St. Souris, COA 2B0 ph. 902 687 2723 fax 902 687 2020 HOURS:

Sunday 12 pm - 6 pm Monday to Friday 8 am - 8 pm ~ Saturday 8 am - 6 pm

To keep up-to-date on community events and news: follow the Town of Souris on Twitter or like us on Facebook.

TOWN of Souris @SourisPE or www.sourispei.com