



# MARCH MOUSETALES

## Monthly Newsletter:



Lions Club Draw – February Winners!  
CONGRATULATIONS!!



\$500 – Souris Knights of Columbus Council 2193  
\$100 – Stratford Lions, G. MacDonald, B. Stewart  
\$50 – R. Keenan, W. Rose, D. Laybolt, R. Birt

Souris Lions Club  
members meet  
the first and third  
Thursday of each  
month @ Legion!

Visitors are always welcome to attend Souris Lions Club meetings Contact Larry Fitzpatrick or email at [sourislions@gmail.com](mailto:sourislions@gmail.com) .....follow us on facebook [www.facebook.com/sourislionsclub](http://www.facebook.com/sourislionsclub)



**SOURIS LEGION - 56 Main Street (902)687-2300**

**LEGION** Open 11 to 11 Monday – Thursday, Open 11 to 12 Friday & Saturday.

Next regular Legion meeting Mar. 12<sup>th</sup> at 7PM.

Serving food 11am-7pm. Call for menu & details. DIG FOR THE DEUCE with live entertainment on Saturday evening. Tickets available at the Legion or online at [www.acechaser.com](http://www.acechaser.com). **OPEN CRIB** Wed. 6:30 pm, **BINGO** Thursdays at 7pm. **Saturday afternoon JAM SESSIONS**– at 2:30pm, everyone welcome! Check **Souris Legion Branch 3 Facebook page** for further details about our events. **BUDDY CHECK** 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of each month. 10:00 a.m.

**FOOD BANK Saturday mornings 9:00a.m.-11:00p.m.** Back door to the basement of the Legion.  
*YARD SALES WILL RESUME IN THE SPRING - TBD.*

## EASTER EGG COLORING WORKSHOP

March 23, 2024, at Silver Threads Club 1:30-3:00PM

Unleash Your Creativity!!

Join us for an Egg-citing Workshop!

Get ready for a fun-filled afternoon of Easter Egg decorating at the Silver Threads Club!

Easter Egg Coloring Fun for Ages 6-12

Express your artistic side.

**MUST REGISTER:** Call 902-687-2157 by March 15, 2024  
(Limited Space Available)

**ATTIRE:** Wear old clothes or Painting smocks.

**FREE EVENT** –Courtesy of our generous

Sponsors: Town of Souris & PEI Egg Farmers Association.

Don't Miss Out on the Egg-citement! See you there!!



March 22-28

# M/R/S/B

SOURIS OFFICE

~ACCOUNTING ~BOOKKEEPING

~CONSULTING ~TAX

~VALUATION

**WE'VE MOVED!**

(across from our previous location)

95 MAIN STREET, 2<sup>nd</sup> FLOOR

PHONE: 902-368-2643

[WWW.MRSBGROUP.COM](http://WWW.MRSBGROUP.COM)





# MARCH'S NEWS & EVENTS



**SOURIS PUBLIC LIBRARY** 75 Main Street, Souris PE COA 2B0 902-687-2157 Ext. 4 [souris@gov.pe.ca](mailto:souris@gov.pe.ca)

**HOURS:** Tuesdays & Thursdays: 2:00pm-6:00pm Fridays & Saturdays: 10:00am-3:30pm Free WiFi

**FAMILY STORYTIME** Saturday 10:30am – Ages 0-5 Stories, Songs, & Rhymes for children. **Kid's Tech Club, Ages 6 - 12** Tuesday March 12<sup>th</sup> and Tuesday March 26<sup>th</sup> 3:30 - 4:30pm Come join us at the library to try out some tech gadgets and games. Feel free to bring your tech related questions for our kid whiz tech expert!

**Watercolour Bookmarks, Adults Saturday March 23rd, 1pm** Experiment with watercolours and make a watercolour bookmark for your latest read or to give as a gift. All supplies provided.

**Thermal Cameras** We offer a number of FLIR TG165-X thermal cameras for the public to borrow. These devices detect heat by capturing different levels of infrared light which can potentially lead to helpful advice on home improvements and repairs. **New Library of Things Items!** home tool kits, stud finders, bicycle tool kits, and gardening tools that you can check out with your library card. **Flipster** - Your library card gives you 24/7 access to a wide variety of popular digital magazines through Flipster. With Flipster, there are no wait lists nor borrowing limits.

## Mental Health Counselling in Souris

Julie Lindsay, a licensed Counselling Therapist (CT) and a Canadian Certified Counsellor (CCC), is accepting clients in Souris on Mondays and Tuesdays. Julie currently works with individuals, families, couples, and groups. She has years of experience working with children and adolescents, grief and loss, couples/relationships, parenting, anxiety, depression, and trauma. Julie holds graduate degrees from Mount Saint Vincent University, Halifax, and Lehigh University, Pennsylvania, as well as Bachelor's degrees from Dalhousie University and Carleton University. You can contact Julie for more information or to arrange a confidential session or a free 10-minute phone consultation at: [julielindsaynye@gmail.com](mailto:julielindsaynye@gmail.com)

**The 15<sup>th</sup> Annual Mermaid Tears Seaglass** The Mermaid Tears Sea Glass Festival offers sea glass nautical and food vendors, children's activities (pony rides, face painting, photos with real mermaids, inflatables, crafts and games) the popular shard contest, sea glass bingo and live entertainment. A festival admission bracelet also includes a visit to the scenic Souris Historical Lighthouse at no charge and discounts at numerous local businesses.

July 27 to 28, 10 am – 4 pm.



## **VOLUNTEERS NEEDED:**

The Town of Souris Special Events is always looking for people to volunteer their time to help with the continuation of successful events. Please contact Jeannie at 902-687-2157 Ext. 0 And leave your name and number if you are interested in helping with our family fun events. Amazing volunteers are hard to find & impossible to forget!! We will be needing volunteers for Canada Day July 1<sup>st</sup> 11:30am-4:30pm & Mermaid Tears Seaglass Festival & More July 29<sup>th</sup> & 30<sup>th</sup> for a variety of times throughout the day. Thank you ☺

## **Free income-tax clinics to help Islanders get their taxes done start March 4**

Free [tax-help clinics](#) will be available to Island residents with modest-to-no income and a simple tax situation who need assistance to complete their tax and benefit return.

Filing an annual income tax return is the key to accessing qualifying benefits like the Canada child benefit, Canada workers benefit and the GST/HST credit. **Souris Volunteer Tax Clinic** 75 Main St. Souris, PE (9:00am – 2:00pm) third floor by appointment, drop-off, virtual or walk-in. Clientele: Indigenous, newcomers, persons with disabilities, residents/patients, seniors, social assistance recipients, students, and youth.



NOTE: The deadline for **APRIL'S Mousetales** is **MARCH 20<sup>th</sup>** by 11:00 AM.

Send your information to [jroche@sourispei.com](mailto:jroche@sourispei.com).





## Next Souris Town Council Meeting Monday, March 11<sup>th</sup> @ 7pm

The Souris Show Hall have two amazing shows to announce this week!

First up... **Lorne Elliott** is returning to the Souris Show Hall on **March 23rd** for a performance in support of the Hall and all of the activities and upgrades we're planning this year.

Tickets available now online at [www.sourisshowhall.com](http://www.sourisshowhall.com) Oh me nerves!!!



We are so pleased to announce that **Tina Randell** will be performing at the Souris Show Hall on **Friday, April 12**, sponsored by Kickham Properties. Tickets are \$25 and are available from Second Time Around and the Evergreen Cafe. There are no online tickets for this event. While you're there, pick up a ticket for Lorne Elliott who will be with us on Saturday, March 23. Keep up to date with all of our upcoming events at [www.sourisshowhall.com](http://www.sourisshowhall.com)

Take Off Pounds Sensibly (TOPS) Meets Wednesdays 5:30-6:30pm at Silver Threads Club – 78 Main St. Powerful support for real weight loss & lifelong health. Join us for a complimentary No-obligation first visit. We also wish to extend this invitation to all our former members. Call Mae 902-687-2877 for more information.



### **Souris Striders Ski club All members welcome!**

Ski season is here, and memberships are available for \$20 Adults \$10 Children under 12, 6 years old and under are free. Rental are \$5 each. For further details check out [www.sourisstriders.ca](http://www.sourisstriders.ca) 4 groomed trails for classic, skate and snowshoe. Night skiing on our 3km lit trail! We look forward to seeing all new and old skiers/snowshoers.

### **SENIORS EXERCISE PROGRAM**

With Lorraine Robertson  
St. Mary's Hall, starts Jan. 30<sup>th</sup>  
At 9:15 a.m. for 8 weeks.  
\$2 per session.  
Pay on first day.



**ANTIQUUE CAR SHOWS** Location: Eastern Kings Sportsplex  
Dates: June 2, July 21, Aug. 18, Sept. 15, 2024 For more details  
Contact Mark Emond at 902-687-4475



### **Province warns of presence of fentanyl**

- Substance sold as: Fentanyl. \*Appearance: Orange chunks. \*Location of overdoses: Charlottetown. Date of overdoses: Thursday, February 8, 2024.
- “Fentanyl is a powerful opioid that is 50-100 times stronger than morphine and has caused accidental overdoses and death in individuals who consume street drugs. Carrying naloxone and informing others who may use drugs that naloxone is available across Prince Edward Island are important steps to reduce the risk of possible overdoses” A Public Health Alert for fentanyl remains in place for the province. Islanders are encouraged to call 911 right away if they suspect an overdose.



**Eastern Kings Sportsplex news: Adult and Pre-School Skates. Mondays: Pre-school skate 10am & Adult skate 11am Thursdays: Pre-school 11am & Adult 12noon**  
**MARCH 9<sup>th</sup> DISCO SKATE 2:50-3:50 PM**

### **The Souris Badminton Club (SBC) is moving to Souris Regional School.**

Our first night of play is this Wednesday January 31, 2024. We will be playing in the small gym from 7:30pm to 9:30pm. The first night is free and membership is only \$20. Plastic shuttles are supplied, and the school has some rackets you can borrow. Everyone is asked to remove their outside footwear in the lobby. No outside footwear allowed in the gym, no marking soles, no black sole only approved footwear. Spread the word, all are welcome. If you have any questions email me at [dbergeron1104@gmail.com](mailto:dbergeron1104@gmail.com)



Chris Blaisdell - Realtor  
 C.902-330-7855/O.902-687-4663  
 chrisb@coldwellbanker.ca

**Kings County Memorial Hospital  
 Emergency Department reopening  
 Saturdays from 8:00 a.m. - 1:00 p.m.**  
 The Emergency Department at Kings  
 County Memorial Hospital (KCMH) will  
 be reopening on Saturdays from  
 8:00 a.m. - 1:00 p.m.  
 beginning February 10, 2024.



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 Call 902-687-2157

**Souris-PEI  
 MAIN STREET MALL**



Proudly  
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 Events in Our  
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 Thursdays 1pm-8pm

**A STROKE** is medical emergency.  
 Do not drive to the hospital.  
 Call 9-1-1.  
 Learn the signs of stroke.  
 Think **FAST**:  
**Face:** is it drooping?  
**Arms:** can you raise both?  
**Speech:** is it slurred or jumbled?  
**Time** to call 9-1-1 right away.  
 If you have any health concerns  
 or need immediate health  
 information, call 8-1-1 to speak to  
 an experienced registered nurse  
 for advice on the best course of  
 action.



**COMITÉ ACADIEN ET  
 FRANCOPHONE DE L'EST**  
 861 Route 2, Rollo Bay, COA2B0, PE  
 Tel: (902) 687-7179  
 facebook.com/PavillonDeLest

**PHARMASAVE**  
**Main Street Pharmasave**  
 128 Main Street  
 902.687.4104  
[www.pharmasave.com](http://www.pharmasave.com)



902-330-4243  
[sourissauces@gmail.com](mailto:sourissauces@gmail.com)  
**396 Veterans Memorial  
 Hwy**  
 Open 7 days a week  
 10am – 4pm  
 What is Souris Sauces all about?  
**"From Seed to Salsa"**  
 Fresh, Wholesome, Natural  
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 Preserves  
 From our hands to yours  
 Tantalize your tastebuds!



**Souris Co-op**  
 83 Main St. Souris, COA 2B0  
 ph. 902 687 2723  
 fax 902 687 2020  
**HOURS:**  
 Sunday 12 pm - 6 pm  
 Monday to Friday 8 am – 8 pm  
 ~ Saturday 8 am – 6 pm