2024 SEPTEMBER MOUSETALES



Lions Club Draw - August Winners! CONGRATULATIONS!!





members meet the first and third Thursday of each

month @ Legion!



Visitors are always welcome to attend Souris Lions Club meetings Contact Larry Fitzpatrick or email @ sourislions@gmail.com.....follow us on facebook www.facebook.com/sourislionsclub



SOURIS LEGION - 56 Main Street (902)687-2300

Open 11 to 11 Monday – Thursday, Open 11 to 12 Friday & Saturday.

Next regular meeting is September 10th at 7 PM.

FOOD SERVED 11-7 each day. Come and enjoy your meal at the Legion.

REGULAR EVENTS- OPEN CRIB- WED. AT 6:30. BINGO- FRIDAY AT 7PM.

SATURDAY AFTERNOON JAM SESSIONS AT 2:30. EVERYONE WELCOME.

SATURDAY EVENING-- DIG FOR THE DEUCE, with live entertainment. TICKETS AVAILABLE AT THE LEGION OR ONLINE AT www.acechaser.com.

FOOD BANK-- SATURDAY MORNINGS-- 9-11AM, at the back door to the basement of the Legion.

BUDDY CHECK-- 1st and 3rd TUESDAY OF EACH MONTH AT 10AM.

NEXT YARD SALE --AUGUST 31st, 8-12. TABLES \$10. EACH OR 2/\$15.

CHECK SOURIS LEGION BRANCH #3 FACEBOOK PAGE FOR FURTHER DETAILS ABOUT EVENTS.

The Eastern Kings Health Foundation Inc. ~ a registered charitable organization ~ raises funds to support equipment & resources for health services in the Easter Kings area of PEI.

It is unique because it provides support to: *Souris Hospital, *Colville Manor, *Mental Health, *Home Care and Addictions and *Public Health. Governed by a volunteer Board of Directors, the Foundation is committed to fundraising, collecting and directing dollars to improve and maintain the health of the citizens of Easter Kings. Our fundraising supports patient care. Though our solicitation of gifts is focused on specific priorities, the Foundation accepts donations directed to the Souris Hospital, Colville Manor or the services we fund. Our Aim is to provide funding for medical equipment and resources to improve the health of communities in Eastern Kings.

ST. ALBANS ANGLICAN CHURCH

3 Washington Street, Souris, regular services at

10:00 AM.

All friends and visitors are welcome to attend.



SOURIS FARMER'S MARKET

Friday's 10am-2pm NEW LOCATION: 203 Main Street

Eastern Kings Sportsplex

Final Market for the season is September 27th

The Town of Souris is looking for musical performers for upcoming events. If you are interested, please contact Jroche@sourispei.com

The Mayor, Councillors and Town of Souris Staff would like to wish teachers, staff and students a safe and successful 2024/2025 school year.



SEPTEMBER'S NEWS & EVENTS



SOURIS PUBLIC LIBRARY 75 Main Street, Souris PE COA 2B0 902-687-2157 Ext. 4 souris@gov.pe.ca HOURS: Tuesdays & Thursdays: 2:00pm-6:00pm Fridays & Saturdays: 10:00am-3:30pm Free WiFi Kid's Club

Egg Cartoon Animal Portraits

Tuesday, September 24th at 3:30pm, Ages 6 – 12 All supplies provided!

Grab an egg carton, cardboard, paint pens, scissors and glue and get crafting some egg cartoon animals!

FAMILY STORYTIME Saturday 10:30am – Ages 0-5 Stories, Songs, & Rhymes Kid's Club Teen Summer Library Challenge July 1st - August 31st , Ages 13 - 18

Each time you visit the library, you'll receive a scratch ticket. Some tickets will win a small prize, others will let you enter the final draw for a pair of Beats earbuds!



The Eastern Kings Exhibition is in its 185th year and is the oldest exhibition on the Island.

The exhibition will be held September 6th - 8th in Souris, PEI

Seafood Chowder Challenge – Quilt Show/Display –Wood Carving Competition

Variety of exhibits (Floriculture, Domestics, Fruits & Vegetables,

Youth 15 & under and Needlework & Handcraft)

Pick up an entry booklet at the Souris Town Hall.

Fri. - Entry submissions
Sat. – Activities for all, light horse show
Sun. – heavy horse pulls

JOIN US FOR OUR FREE

1ALLOWEEN HARVEST

OCTOBER 26TH 2-4 PM
CN PARK, AGES 4-12
WEAR YOUR COSTUME,
BRING A CHANGE OF CLOTHES
FOR BOUNCING.
GAMES, CRAFTS,
INFLATEABLES & MORE
CALL 902-687-2157 TO
REGISTER BEFORE
OCTOBER 23RD
Sponsored by Town of

Souris & Auto Medic

Free Seniors Yoga Classes with

Michelle Monet will begin on Thursday, Sept. 12 @ 9:00 am at St. Mary's Hall Classes will run 14 weeks. Contact Thelma at 902-687-2652

Aug 24 - Shane Pendergast - \$20 advance - 7:30 PM One of Atlantic Canada's finest folk troubadours.

Aug 31 - Fiddler's Sons - \$20 advance - 7:30 PM Island favourites return to the Souris Show Hall.

Sept 5 - Lennie Gallant - \$45 advance - 7:30 PM

Sept. 15 Nick Doneff, Valmy, Mathias Kom, and Carlie Howell will be here for a night of awesome music from some of the loviest artists we have to offer! Tickets \$20 in advance, \$25 at the door.

PEI's favourite songwriter returns to the Souris Show Hall stage.

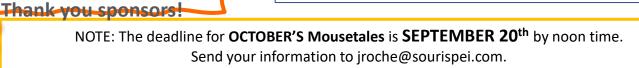
Antique Car, Truck and Tractor Show

Front Parking Lot of Colville Manor, Souris Sunday, September 8th 2024 1:00- 4:00pm.

Everyone is Welcome to come and

Enjoy with our Residents!!







Mental Health Counselling in Souris

Julie Lindsay, a licensed Counselling Therapist (CT) and a Canadian Certified Counsellor (CCC), is accepting clients in Souris on Tuesdays and Thursdays. Julie works with individuals, families, couples, and groups. She has years of experience working with children and adolescents, grief and loss, couples/relationships, parenting, anxiety, depression, and trauma. Julie holds graduate degrees from Mount Saint Vincent University, Halifax, and Lehigh University, Pennsylvania, as well as Bachelor's degrees from Dalhousie University and Carleton University. You can contact Julie for more information, to arrange a confidential session, or a free 10-minute phone consultation at: julielindsaynye@gmail.com

The Eastern Kings Senior Neighbor's Club is welcoming new members to the group. Annual registration fee is \$6.00. If you are interested in joining, please call Margaret Ching at 902-357-2818. The monthly meeting for the Eastern Kings Senior Neighbor's Club will be held on Wednesday, September 4 at the Eastern Kings Community Center at 12:00 pm. This meeting will be a lunch and learn for members only. The guest speaker is Hélène Blanchet. Hélène has a passion for finding birds and capturing their beauty with her camera, taking some jaw dropping photos! She will be delighted to share her knowledge and joy of capturing these beautiful Eastern Kings birds.



ASSEMBLÉE GÉNÉRALE ANNUELLE

Le comité acadien et francophone de l'Est Vous invite à participer à son AGA Le mardi 10 septembre @ 18h Pavillon de l'Est a Rollo Bay Veuillez confirmer au 902-687-7179 ou au cafe@safile.org avant le 6 septembre ANNUAL GENERAL MEETING The Comité acadien et francophone de l'Est

The Comité acadien et francophone de l'Est Invites you to its AGM. Tuesday, September 10 @ 6pm Pavillon de l'Est in Rollo Bay Please confirm at 902-687-7179 or at cafe@safile.org before September 6th



SOURIS MINOR HOCKEY

Fall, Coed –Boys & Girls Program
November 24, 2024
Registration is open for The First
Shift Town of Souris fall program is
at the Eastern Kings
Sportsplex and open to children 610 yrs of age that have never been
registered to the Hockey Canada
Registry (HCR).
This is program is open to everyone
and ice times will be every Sunday
from November 24th - December
29th @ 3pm

More info on the Souris Minor Hockey facebook page



Souris Live inc.

PRESENTS

THE SUNDAY NIGHT HOEDOWN

Hosted by PEGGY CLINTON & JOHNNY ROSS

With special guest each month

Sept. 8th – Frank Whitty

Oct. 13th – Lawrence Maxwell

Nov. 10th - Nudie

Dec. 8th - Hoedown Xmas Crew

LOCATION: SOURIS LEGION (56 Main St.) SHOW TIME: 7:00 PM

Tickets available at the Legion.
Online @www.Eventbrite.ca or

call 902-215-0318

YEE-HAW!!



Start thinking about getting ready for the **44**th **annual Souris Christmas Parade** which will take place **Saturday**, **December 7**, **2024**. The Theme this year will be Christmas Around The World . You can decorate your float any way you might find Christmas around the world!





Come and be Kneaded

Serving the Community since 2014

Book online @ Justforyoumassagetherapy.ca

or text 902-208-1105

Mon. Wed. & Fri 9 am-5pm

Thursdays 1pm-8pm

Danny's Delivery

Souris to Charlottetown

Dr. Appointments ~ Hairdressers ~ Airport
~ Old Fashioned Service **Call Anytime:
902-940-6689... Remember don't drink &
drive! Just call us. We will drive you safely
to and from your destinations
Danny Campbell Owner/Operator

Triple Trail Trek: Save the date... Saturday October 5,2024. Join the Island Trails annual challenge to hike 3 trails in one day. This year the first two signature Island trails are Winter River and Dromore Trail and the third trail is Mooney 's Pond in Peakes. The wrap up and social will be held at Peakes Tee at the end of the day! Registration will be open in September. For more info call Sara 902 969 1940.



Scammers try new methods to trick you all the time. But if you know the signs to look for, you may avoid becoming a victim.

5 Signs of a Scam
If you spot any of these tactics, stop
and walk away. You're probably
being scammed.

1. They contacted you
You don't know if they are whom
they say they are. And remember,
email addresses and caller ID
information can be faked.

2.They dangle bait—usually money
Let's face it: People simply don't
give away large sums of money
easily. If someone dangles bait in
front of you—a big prize, a shopping
spree, an easy loan — for nothing,
they're probably lying.

3. They want your personal information. Don't give it away quickly or easily, especially to someone you don't know. 4. You have to pay them first. 5. If you're about to wire money or send gift cards to someone in order to receive a prize or pay off a debt collector that contacts you ... STOP! This may be a scammer trying to take your money. If you feel you're the subject of a scam, simply cut off communication and then file a complaint with RCMP.



Open 7 days a week
10am – 4pm
What is Souris Sauces all about?
"From Seed to Salsa"
Fresh, Wholesome, Natural
Pesticide Free,
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Jellies, Grill Sauces &
Preserves
From our hands to yours
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Contact: Jeannie at
<u>iroche@sourispei.com</u> or
Call 902-687-2157





Proudly
Supporting
Events in Our
Community

Main Street

Home
hardware
building centre

902-687-3332

175 Main Street Souris, PEI

Souris Office Suites



Triple Trail Trek





Souris Co-op 83 Main St. Souris, COA 2B0 ph. 902 687 2723 fax 902 687 2020 *HOURS:*

Sunday 12 pm - 6 pm Monday to Friday 8 am - 8 pm ~ Saturday 8 am - 6 pm

To keep up-to-date on community events and news: follow the Town of Souris on Twitter or like us on Facebook.

TOWN of Souris @SourisPE or www.sourispei.com