

FEBRUARY

MOUSETALES

2025

Monthly Newsletter:



Lions Club Draw – JANUARY WINNERS CONGRATULATIONS!!



Souris Lions Club members meet the first and third Thursday of each month @ Legion!

- \$500 – J. MacCloskey
- \$100 – D. Outhouse, D. MacMillan, L. MacPherson
- \$50 – Poke Shack, L. MacPherson, P. Gallant, T. & J. Carter

Visitors are always welcome to attend Souris Lions Club meetings Contact Larry Fitzpatrick or email @ sourislions@gmail.com.....follow us on facebook www.facebook.com/sourislionsclub

SOURIS LEGION - 56 Main Street (902)687-2300



Open 11 to 11 Monday – Thursday, Open 11 to 12 Friday & Saturday.

Next regular meeting is Tuesday FEBRUARY at 7 PM.

SOURIS LEGION — 56 MAIN STREET. 902 687-2300.

OPEN 11-11 MONDAY - THURSDAY, OPEN 11-12 FRIDAY & SATURDAY.

NEXT REGULAR MEETING IS TUESDAY FEBRUARY 11TH AT 7 PM.

FOOD IS SERVED 11-7 EACH DAY, EAT IN OR TAKE OUT.

REGULAR EVENTS-- OPEN CRIB-- WED. AT 6:30. BINGO- - FRIDAY AT 7 PM. SATURDAY AFTERNOON JAM SESSIONS AT 2:30, EVERYONE WELCOME. SATURDAY EVENING-- DIG FOR THE DEUCE, WITH LIVE ENTERTAINMENT. TICKETS AVAILABLE AT THE LEGION OR ONLINE AT www.acechaser.com.

FOOD BANK-- SATURDAY MORNINGS—9-11AM, AT THE BACK DOOR TO THE BASEMENT OF THE LEGION. BUDDY CHECK-- 1ST & 3RD TUESDAY OF EACH MONTH AT 10 AM. CHECK SOURIS LEGION BRANCH #3 FACEBOOK PAGE FOR FURTHER DETAILS ABOUT EVENTS.



CONGRATULATIONS TO

OUR CHRISTMAS HOME DECORATING CONTEST WINNERS

First Place Winner: \$400 went to Amanda Burke-Blaisdelle from 16 Cash Ave.

Second Place Winner: \$100 went to Amanda Lynn Labolt-Stacey



VALENTINE’S DAY: The 8th-century Gelasian Sacramentary recorded the celebration of the Feast of Saint Valentine on February 14. The day became associated with romantic love in the 14th and 15th centuries, when notions of courtly love flourished, apparently by association with the "lovebirds" of early spring.

Save the date . . . to be a part of Town of Souris Budget Planning. Town Council is planning a public meeting February 4, 2025 in the evening. Location Eastern Kings Sportsplex, Acorn Room, 5pm - 7pm. Mayor and Council invite residents, local business owners, organizations, etc. to come share their ideas and concerns. Council feels public engagement is key to preparing a budget. Finger foods and beverages will be available. Our 2025-2026 Fiscal year Operating and Capital Budget must be approved by March 31, 2025.



SOURIS MOUSETALES

CELEBRATES ITS 13TH BIRTHDAY WITH FEBRUARY’S EDITION!!

Winter has arrived!!

You know the drill: beef up your emergency preparedness kit (storm chips optional) * gather flashlights and batteries * prepare to go without power (just in case) *refill prescriptions if running low *gas up * make sure your 911 sign is always clearly visible * check on your neighbours Follow [Environment and Climate Change Canada - Weather](http://www.environmentandclimatechange.ca) for updates. More on emergency preparedness at: <https://www.princeedwardisland.ca/.../extreme-weather-safety>

FEBRUARY'S NEWS & EVENTS

SOURIS PUBLIC LIBRARY 75 Main Street, Souris PE C0A 2B0 902-687-2157 Ext. 4 souris@gov.pe.ca

HOURS: Tuesdays & Thursdays: 2:00pm-6:00pm Fridays & Saturdays: 10:00am-3:30pm Free WiFi

Family Storytime Saturdays at 10:30 am, Ages 0 - 5

Enjoy stories, songs and rhymes for kids

Kid's Tech Club, Ages 6+ Tuesday, February 25th, 3:30pm

Come join us at the library to try out some tech gadgets and games. Feel free to bring any tech repairs or questions. **No Sew Sock Snowmen, Ages 6 – 12 Tuesday, February 11th, 3:30pm**

Do you want to build a snowman? Join us at the library to make a fun snowman friend. All supplies provided.



SOURIS TOPS (Take off Pounds Sensibly) Our chapter meets every Wednesday 5:30 to 6:30 at the SILVER THREADS SENIORS CLUB on Main Street. We would love to have new members join our chapter, please call Mae 902 687 2877

A Senior Friendly Stretching Program Thursday's @ 9:00am Starting Feb. 6, 2025 at St. Mary's Parish Hall. The program will run for 10 weeks. For more info call Thelma 902-687-2652



Mental Health Counselling in Souris

Julie Lindsay, a licensed Counselling Therapist (CT) and a Canadian Certified Counsellor (CCC), is accepting clients in Souris on Tuesdays and Thursdays. Julie works with individuals, families, couples, and groups and has years of experience working with children and adolescents, grief and loss, couples/relationships, parenting, anxiety, depression, and trauma. Julie holds graduate degrees from Vincent University, Halifax, and Lehigh University, Pennsylvania, as well as Bachelor's degrees from Dalhousie University and Carleton University.

You can contact Julie for more information, to arrange a confidential session, or a free 10-minute phone consultation at: julielindsaynye@gmail.com

Home Heating Program (PEI)

In partnership with the Government of PEI, The Salvation Army is helping Islanders heat their homes this winter through The Home Heating Program.

The program provides assistance for the following heat sources; oil, wood, electric, wood pellets, and propane.

Qualified Applicants:

•You live in PEI and are within the following income threshold:

- \$45,000 for one-person households,
- \$60,000 for two persons and up

•Applicants cannot be in receipt of social assistance

•Your household is experiencing an emergency heating situation

Applications can be downloaded, completed and emailed to Charlottetowncc.homeheating@salvationarmy.ca

The Home Heating Program offers maximum assistance in the amount of \$1200 per calendar year for individuals and families. If you are in an emergency home heating situation, please contact us to set up an appointment.

To access this program, please contact the Charlottetown Salvation Army at 902-218-1212 or 902-916-0648.

Additionally, you can email them at Charlottetowncc.homeheating@salvationarmy.ca

From Monday to Friday at The Salvation Army 158 Fitzroy Street, Charlottetown, 9:30 am – 4:00 pm, walk-ins are welcome. Additionally, walk-ins are welcome from Monday to Friday at the County Fair Mall 475 Granville Street, Summerside, 9:30 am – 4:00 pm. You can also reach this location by phone for inquiries at 902-916-1716.

Applications are available for pick up at all Public Libraries and all access P.E.I offices across the island



FYI

If you do not see the OPEN flag flying at town hall and it is during the week - it means we are still open - just the wind is too strong, and we don't want to lose the flag!!

NOTE: The deadline for **MARCH'S Mousetales** is **FEBRUARY 20th** by noon time.

Send your information to jroche@sourispei.com.



Next Souris Town Council Meeting Monday, February 10th @ 7pm



COMITÉ ACADIEN ET
FRANCOPHONE DE L'EST
861 Route 2, Rollo Bay, C0A2B0, PE
Tel: (902) 687-7179
facebook.com/PavillonDeEst



ENGLISH TO FOLLOW...

SOIREE WINGS....Tous les Vendredis 15 h 00 – 21 h 00 Au Pavillon De L'Est 902-687-7179, poste 2
PRODUITS DE BOULANGERIE DISPONIBLES **SERVICES DE BAR DISPONIBLES** POSSIBILITE DE MANGER SUR
PLACE OU D'EMPORTER!! C.A.F.E. EST HEUREUX D' ANNONCER QU' A PARTIR DU VENDREDI 31 JANVIER NOUS
AJOUTONS DE NOUVEAUX PRODUITS A NOTRE MENU NOUS ORGANISONS EGALEMENT UNE SOIREE JEUX

SOUPER COMMUNAUTAIRE MENSUEL GRATUIT.....VEUILLEZ L'INSCRIRE A VOTRE CALENDRIER POUR LE MOIS DE
VEVRIER ... COMITE ACADIEN ET FRANCOPHONE DE LE'EST (CAFÉ)....OFFRE SON PREMIER SOUPER COMMUNAUTAIRE
GRATUIT (UNE FOIS PAR MOIS) LE MARDI 11 FEVRIER. LE PLAT VEDETTE SERA LE SPAGHETTI! 17 h 00 – 19 h 00

COURS DE CUISINE GRATUIT EN FRANCAIS.....JEUDI 13 ET 20 FEVRIER 3:15 – 5:00 AUPAVILLON DE L'EST....
LES ENFANTS DES CLASSES 1 A 3 SONT LES BIENVENUS!! Pour s'inscrire: Envoyez un courriel a Sherri a L'adresse suivants
Cafecuisine.pavillon@gmail.com

COURS DE FRANCAIS POUR ADULTES DEBUTANTS....TOUS LES JEUDI A PARTIR DU 6 FRBRUIRE PENDANT 10 SEMAINES
17 h 00 – 19 h 00 AU PAVILLON DE L'EST FRAIS D'INSCRIPTION DE 200,00 Pour vous inscrire, veuillez envoyer un courriel
Plus, Yvonne a l'adresse suivante yvonneloumou@gmail.com

PROGRAMME DE GYMNASTIQUE...LE KINGS COUNTY GYMNASTICS CLUB PROPOSE UN PROGRAMME DE GYMNASTIQUE
DE 7 SEMAINES debutant de mercredi 26 fevrier.....LES HEURES DE COURS SONT DE 17H30 A 18H30 (2-6 ANS)
ET DE 18H30 A 19H30 (7 ANS ET PLUS).....LES COURS ONT LIEU AU PAVILLON DE L'EST A ROLLO BAY. LES FRAIS
D'INSCRIPTION SONT DE 100,00 PLUS UNE FOIS PAR AN (1/24 SEPT. – 31/25 AOUT) DE FRAIS D'ASSURANCE DE 40,00
POUR S'INSCRIRE OU POUR PLU D'INFORMATIONS, VEUILLEZ CONTACTER DARLENE GRENIER AU:
Café.rollobay@gmail.com OU appelea ou envoyez un message (902) 969-8209. VOUS DEVEZ VOUS INSCRIRE A L'AVANCE!!

SOIREE WINGS....EVERY FRIDAY 3PM – 9PM AT PAVILLON DE L'EST 902-687-7179 Ext. 2 **BAKES GOODS AVAILABLE**
BAR SERVICES AVAILABLE EAT IN OR TAKE OUT AVAILABLE! C.A.F.E. IS HAPPY TO ANNOUNCE THAT STARTING FRIDAY
JANUARY 31 WE ARE ADDING ADDITIONAL ITEMS TO OUR MENU. WE ARE ALSO HAVING GAME NIGHT
FREE MONTHLY COMMUNITY SUPPER...PLEASE MARK YOUR CALENDARS FOR FEBRUARY!

COMITE ACADIEN AND FRANCOPHONE DEL'EST (C.A.F.E.) IS OFFERING ITS' FIRST (ONCE A MONTH) FREE COMMUNITY
SUPPER ON TUESDAY, FEBRUARY 11th THE FEATURE DISH WILL BE SPAGHETTI! 5PM – 7PM

FREE COOKING CLASS IN FRENCH....THURSDAY, FEB. 13 & 20 AT 3:15PM-5:00PM AT PAVILLON DE L'EST. CHILDREN IN
GRADES 1-3 WELCOME!! To register: Please email Sherri at cafecuisine.pavillon@gmail.com

ADULT BEGINNER FRENCH COURSES...EVERY THURSDAY STARTING FEBRUARY 6 FOR 10 WEEKS 5PM-7PM AT PAVILLON
DE L'EST \$200.00 REGISTRATION FEE. To register, please email Yvonne at: yvonneloumou@gmail.com

GYMNASTICS PROGRAM... THE KINGS COUNTY GYMNASTICS CLUB IS HAVING A 7 WEEK PROGRAM STARTING ON
WEDNESDAY, FEBRUARY 26 Class Times are 5:30-6:30PM (Plus,) & 6:30-7:30PM (7-Year-olds & up)

Classes are held at the Pavillon De L'est in Rollo Bay. Registration is \$100. Plus, once a year (Sept.1/24 – Aug. 31/25
Insurance fee of \$40.00 To register or for more information , please contact Darlene Grenier at: café.rollobay@gmail.com
Or call/text 902-969-8209 YOU MUST PRE-REGISTER!!



The Town of Souris Traffic Bylaw has **parking restrictions** in place from **Nov 15 to April 15** annually. On-street
parking within the Town of Souris is prohibited between 1 a.m. and 6 a.m. Your cooperation is appreciated.



Family Fun Day February 17, 2025 Souris Ski Lodge
further details will be found on the Town of Souris
Facebook page.





902-330-4243

sourissauces@gmail.com
396 Veterans Memorial Hwy

Open 7 days a week
10am – 4pm

What is Souris Sauces all about?

“From Seed to Salsa”

Fresh, Wholesome, Natural
Pesticide Free,
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Jellies, Grill Sauces &
Preserves

From our hands to yours
Tantalize your tastebuds!



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2014

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Justforyoumassagetherapy.ca

or text 902-208-1105

Mon. Wed. & Fri 9 am-5pm

Thursdays 1pm-8pm

NEED A RIDE

If you need a drive, local or long distance. i.e. Moncton, St. John, Charlottetown or Halifax or to doctor's appointments, airport or general travel call Danny at (902) 940-6689 Please don't drink & drive!



PHARMASAVE

Main Street Pharmasave

128 Main Street
902.687.4104

www.pharmasave.com



Pupper Crunch

Dog Treats 100% natural ingredients
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macme2019@gmail.com

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175 Main St. Suite 210, Souris
705-229-7729 text preferred
nancy@gofigurefitness.ca

www.gofigurefitness.ca



Souris Co-op

83 Main St. Souris, COA 2B0

ph. 902 687 2723

fax 902 687 2020

HOURS:

Sunday 12 pm - 6 pm

Monday to Friday 8 am – 8 pm

~ Saturday 8 am – 6 pm

SARA'S WALKING GROUP SCHEDULE!

For more info call
902-969-1940

Schedule can change due to the weather.

February 1 – Brudenell
Thursday 6 – Cardigan
Saturday 8 – Boughton
Thursday 13 – Brudenell
Saturday 15 Forest Hills
Thursday 20 – Naufrage
Sat. 22 – Greenwich
Thurs. 27 – Brudenell
March 1 - Cardigan



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morganlaviermt@gmail.com



Souris-PEI
MAIN STREET MALL



902-687-3113

175 Main Street Souris, PEI

Proudly Supporting Events in Our Community



902-687-3332

Souris Office Suites

To keep up-to-date on community events and news: follow the Town of Souris on Twitter or like us on Facebook.
TOWN of Souris @SourisPE or www.sourispei.com

