

# MARCH 2025

# MOUSETALES

Monthly Newsletter:



**Lions Club Draw – JANUARY WINNERS  
CONGRATULATIONS!!**



**\$500 – R. Jennings**  
**\$100 – B. Townshend, E. Cameron, M. Kelly**  
**\$50 – R. Jenkins, V. Carter & J. Laybolt, K. & A. Harris, R. Keenan**

**Souris Lions Club**  
members meet the  
first and third  
Thursday of each  
month @ Legion!

Visitors are always welcome to attend Souris Lions Club meetings Contact Larry Fitzpatrick or email @ [sourislions@gmail.com](mailto:sourislions@gmail.com).....follow us on facebook [www.facebook.com/sourislionsclub](http://www.facebook.com/sourislionsclub)



**SOURIS LEGION - 56 Main Street (902)687-2300**  
**Open 11 to 11 Monday – Thursday, Open 11 to 12 Friday & Saturday.**  
Next regular meeting is TUESDAY, MARCH 11 at 7 PM.

FOOD IS SERVED 11-7 EACH DAY, EAT IN OR TAKE OUT.  
REGULAR EVENTS-- OPEN CRIB-- WED. AT 6:30. BINGO- - FRIDAY AT 7 PM. SATURDAY AFTERNOON JAM SESSIONS AT 2:30, EVERYONE WELCOME. SATURDAY EVENING-- DIG FOR THE DEUCE, WITH LIVE ENTERTAINMENT. TICKETS AVAILABLE AT THE LEGION OR ONLINE AT [www.acechaser.com](http://www.acechaser.com).  
FOOD BANK-- SATURDAY MORNINGS—9-11AM, AT THE BACK DOOR TO THE BASEMENT OF THE LEGION. BUDDY CHECK-- 1ST & 3RD TUESDAY OF EACH MONTH AT 10 AM. CHECK SOURIS LEGION BRANCH #3 FACEBOOK PAGE FOR FURTHER DETAILS ABOUT EVENTS.

Winter has arrived!!

You know the drill: beef up your emergency preparedness kit (storm chips optional) \* gather flashlights and batteries \* prepare to go without power (just in case) \*refill prescriptions if running low \*gas up \* make sure your 911 sign is always clearly visible \* check on your neighbours Follow [Environment and Climate Change Canada - Weather](http://www.environmentandclimatechange.ca) for updates. More on emergency preparedness at: <https://www.princeedwardisland.ca/.../extreme-weather-safety>



## SOURIS EASTER EGG HUNT

Sat. April 19<sup>th</sup>

10:00am-4:00pm

Starting at Town Hall. Find & take a photo

With all 6 eggs. Send your photos to

[mthanlon@sourispei.com](mailto:mthanlon@sourispei.com)

By Monday April 22 @4:30pm

to be entered in a prize draw.



easter  
egg  
hunt



## TIPSY FARMERS

FREE Community Meals  
Volunteer Based Dine-In Only  
March 23, 2025



Remember to turn your clocks ahead 1-hour Sunday, March 9, 2025

Daylight saving time, also referred to as daylight saving, daylight savings time, daylight time, or summertime, is the practice of advancing clocks to make better use of the longer daylight available during summer so that darkness falls at a later clock time

# MARCH'S NEWS & EVENTS

**SOURIS PUBLIC LIBRARY** 75 Main Street, Souris PE C0A 2B0 902-687-2157 Ext. 4 [souris@gov.pe.ca](mailto:souris@gov.pe.ca)

**HOURS:** Tuesdays & Thursdays: 2:00pm-6:00pm Fridays & Saturdays: 10:00am-3:30pm Free WiFi

**Family Storytime Saturdays at 10:30 am, Ages 0 - 5**

Enjoy stories, songs and rhymes for kids

**Kid's Tech Club, Ages 6+ Tuesday, February 25th, 3:30pm**

Come join us at the library to try out some tech gadgets and games. Feel free to bring any tech repairs or questions. **No Sew Sock Snowmen, Ages 6 – 12 Tuesday, February 11th, 3:30pm**

Do you want to build a snowman? Join us at the library to make a fun snowman friend. All supplies provided.



**SOURIS TOPS** (Take off Pounds Sensibly) Our chapter meets every Wednesday 5:30 to 6:30 at the SILVER THREADS SENIORS CLUB on Main Street. We would love to have new members join our chapter, please call Mae 902 687 2877

## Mental Health Counselling in Souris

Julie Lindsay, a licensed Counselling Therapist (CT) and a Canadian Certified Counsellor (CCC), is accepting clients in Souris on Tuesdays and Thursdays. Julie works with individuals, families, couples, and groups and has years of experience working with children and adolescents, grief and loss, couples/relationships, parenting, anxiety, depression, and trauma. Julie holds graduate degrees from Vincent University, Halifax, and Lehigh University, Pennsylvania, as well as Bachelor's degrees from Dalhousie University and Carleton University.

You can contact Julie for more information, to arrange a confidential session, or a free 10-minute phone consultation at: [julielindsaynye@gmail.com](mailto:julielindsaynye@gmail.com)



FYI

If you do not see the OPEN flag flying at town hall and it is during the week - it means we are still open - just the wind is too strong, and we don't want to lose the flag!!

## **Eastern Kings Community Center - 85 Munns Road**

Join us for a free information session titled "**Planning Ahead: Learn About Wills and Estates, Power of Attorney, and Health Care Decisions**". The presentation will be facilitated by Hannah Jones of Community Legal Information. The presentation will take place on March 10th from 2-4. Please let us know if you plan to attend by calling 902-357-2046.

We are hosting an **INDOOR YARD SALE** on Saturday, March 22nd from 8:30-11:00. There will be something for everyone. Come on out and find a treasure to take home. Tables are \$10. Call 902-357-2046 if you'd like a table.



**The 16<sup>th</sup> Annual Mermaid Tears Seaglass** The Mermaid Tears Sea Glass Festival offers sea glass, nautical and food vendors, children's activities (face painting, photos with real mermaids, inflatables, crafts and games) the popular shard contest for all those sea glass enthusiasts, sea glass bingo and live entertainment. A festival admission bracelet also includes a visit to the scenic Souris Historical Lighthouse at no charge and discounts at numerous local businesses. July 24 to 27. Seaglass market, mermaids, contest and children's activities will be July 26<sup>th</sup> & 27<sup>th</sup> 10am-4pm. Sponsored by:



Patrimoine  
canadien Canadian  
Heritage



NOTE: The deadline for **APRIL'S Mousetales MARCH 20<sup>th</sup>** by noon time.

Send your information to [jroche@sourispei.com](mailto:jroche@sourispei.com).





## Next Souris Town Council Meeting Monday, March 10<sup>th</sup> @ 7pm

### WHAT'S HAPPENING AT THE PAVILLON DE L'EST

**SOIREE WINGS** – Fridays 3-9pm \*BAKED GOODS \*BAR SERVICES

\*EAT IN OR TAKE OUT AVAILABLE! NEW ITEMS ON THE MENU

**SOUPER COMMUNAUTAIRE MENSUEL GRATUIT/FREE MONTHLY COMMUNITY**

**SUPPER TUESDAY, MARCH 11<sup>th</sup> 5:00-7:00PM**

**PROGRAMME DE GYMNASTIQUE/KINGS COUNTY GYMNASTICS CLUB:**

7 WEEK PROGRAM STARTING WED. FEB. 26<sup>th</sup> FIRST CLASS: 2-6 YR OLDS 5:30-6:30PM SECOND CLASS: 7 YR OLDS

& UP 6:30-7:30PM REGISTRATION FEE IS \$100 PLUS INSURANCE FEE \$40 TO REGISTER OR FOR MORE

INFORMATION, PLEASE CONTACT DARLENE GRENIER AT: [dxgrenier@edu.pe.ca](mailto:dxgrenier@edu.pe.ca) or call/text 902-969-8209 YOU

MUST PRE-REGISTER **VENTE DE GRAGE/YARD SALE:** SAT. MARCH 15 8:00AM-4:00PM TABLE IS \$20 EACH

ADDITIONAL TABLE IS \$10 EMAIL [café.rollobay@gmail.com](mailto:café.rollobay@gmail.com) **PRIX/PRIZE BINGO:** SAT. MARCH 29<sup>th</sup> 6:00-9:00PM

ALL ARE WELCOME!!



## St. Patrick's Day TRIVIA

1. What are some other names used to refer to St. Patrick's Day?
2. The first-ever St. Patrick's Day Parade in 1762 didn't take place in Ireland as you might have thought. Where did it take place?
3. Green hasn't always been associated with Saint Patrick's Day. That actually didn't happen until when?
4. Each year in Chicago since 1962, the Plumber Union dyes what Kelly green?
5. To Celebrate St. Paddy's Day in Ireland, Dublin hosts a huge festival that lasts how many days?

Answers on the last page.



### MARCH IS WOMEN'S HISTORY MONTH

From early trailblazers to today's powerful agents of change, from the long journey for women's suffrage towards equality of rights and opportunities for all, women have and continue to blaze a trail to create a better, more equal world for everyone.



**SARA'S WALKING GROUP SCHEDULE!** For more info call 902-969-1940

Schedule can change due to the weather.

March Walking/Hiking/Snowshoeing:



Sat March 1- Cardigan, Thur March 6-Souris Striders, Sat March 8- Bob Lyon's Northside, Thurs March 13 -Greenwich  
Sat March 15- Lower Rollo Bay, Thurs March 20- Naufrage, Sat March 22 Brudenell, Thurs March 27-Crowbush  
Sat March 29-Greenwich

## VOLUNTEERS NEEDED:

The Town of Souris Special Events is always looking for people to volunteer their time to help with the continuation of successful events. Please contact Mary Theresa at 902-687-2157 Ext. 5 And leave your name and number if you are interested in helping with our family fun events. Amazing volunteers are hard to find & impossible to forget!! We will be needing volunteers for Canada Day July 1<sup>st</sup> 11:30am-4:30pm & Mermaid Tears Seaglass Festival & More July 29<sup>th</sup> & 30<sup>th</sup> for a variety of times throughout the day. Thank you ☺

## Free income-tax clinics

**to help Islanders get their taxes done start March 5, 2025**

Free tax-help clinics will be available to Island residents with modest-to-no income and a simple tax situation who need assistance to complete their tax and benefit return.

Filing an annual income tax return is the key to accessing qualifying benefits like the Canada child benefit,

Canada workers benefit and the GST/HST credit. **Souris Volunteer Tax Clinic** 75 Main St. Souris, PE

(9:00am – 2:00pm) third floor by appointment, drop-off, virtual or walk-in. Clientele: Indigenous, newcomers, persons with disabilities, residents/patients, seniors, social assistance recipients, students, and youth.



The Town of Souris Traffic Bylaw has **parking restrictions** in place from **Nov 15 to April 15** annually. On-street parking within the Town of Souris is prohibited between 1 a.m. and 6 a.m. Your cooperation is appreciated.



902-330-4243

sourissauces@gmail.com  
396 Veterans Memorial Hwy

Open 7 days a week  
10am – 4pm

What is Souris Sauces all about?

**“From Seed to Salsa”**

Fresh, Wholesome, Natural  
Pesticide Free,  
Small Batch Salsa,  
Jellies, Grill Sauces &  
Preserves

From our hands to yours  
Tantalize your tastebuds!



*Come and be Kneaded*

Serving the Community since  
2014

Book online @  
Justforyoumassagetherapy.ca

or text 902-208-1105

Mon. Wed. & Fri 9 am-5pm

Thursdays 1pm-8pm

**NEED A RIDE**  
If you need a drive, local or long distance. i.e. Moncton, St. John, Charlottetown or Halifax or to doctor's appointments, airport or general travel call Danny at (902) 940-6689 Please don't drink & drive!



**Go Figure!**  
Massage Studio



*Promoting wellness through massage and motion*

**Nancy Cook RMT, CSEP-CPT**

175 Main St. Suite 210, Souris  
705-229-7729 text preferred  
nancy@gofigurefitness.ca

[www.gofigurefitness.ca](http://www.gofigurefitness.ca)

**PHARMASAVE**

Main Street Pharmasave

128 Main Street  
902.687.4104

[www.pharmasave.com](http://www.pharmasave.com)



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Dog Treats 100% natural ingredients  
Zero preservatives, low calories  
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1260 Rte. 2 Rollo Bay West  
macme2019@gmail.com



**Souris Co-op**

83 Main St. Souris, COA 2B0

ph. 902 687 2723

fax 902 687 2020

**HOURS:**

Sunday 12 pm - 6 pm

Monday to Friday 8 am – 8 pm

~ Saturday 8 am – 6 pm



Answers to Trivia Questions:

1. The Day of the Festival of Patrick and The Feast of Saint Patrick
2. The United States
3. 1798
4. The river
5. Four days

**MAIN STREET MALL**



902-687-3113

175 Main Street Souris, PEI

Proudly Supporting Events in Our Community

Main Street Home hardware building centre

902-687-3332

**Souris Office Suites**

March 17-21, 2025



*Morgan La Vie*

REGISTERED MASSAGE THERAPIST

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Pregnancy

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(902) 215-9295

morganlaviermt@gmail.com



To keep up-to-date on community events and news: follow the Town of Souris on Twitter or like us on Facebook.  
TOWN of Souris @SourisPE or [www.sourispei.com](http://www.sourispei.com)

