



TOWN OF SOURIS

Page 22.....Local Businesses

MOUSETALES

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www.sourispei.com

TOWN OF SOURIS

MOUSETALES



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May Winners:

\$1000- D. Townshend \$100 - A. Macdonald, R. Jennings, Kings County Construction \$50 - A. Macdonald, B. & A Harris, P. Boertien, B. & C. Aitken Souris Lions Club

members meet the first and third Thursday of each month @Legion

Visitors are always welcome to attend Souris Lions Club meeting Contact Larry Fitzpatrick or email @sourislions@gmail.com

NOTE The deadline for August's Mousetales is July 20th before noon. Send your information to jroche@sourispei.com

BOARDROOM PLACES

Access PEI - 902-687-7000 Souris Hospital - 902-687-7150 Silver Threads Club - 902-687-4380 Harbourview Training Centre - 902-687-3032 St. Mary's Parish Hall - 902-687-2319 Eastern Kings Sportsplex - 902-687-2323 Town Hall Chamber Room - 902-687-2157 Ext. 0 Souris Legion - 902-687-2300

Souris Town Hall Office Hours Monday-Friday 8:30am - 4:30pm Contact: town@sourispei.com 902-687-2157



www.sourispei.com

TOWN OF SOURIS

SAVE THE DATES:

The 49th Annual Rollo Bay Fiddle Festival was created to preserve Prince Edward Island's tradition of music, happening July 18-20! With world class performers such as Andrea Beaton. Richard Wood, Mairi Rankin, and The Chaisson Family to name a few. It is the perfect spot for the whole family! If you're planning your summer's get-a-way in eastern Canada you won't want to miss our festival and its workshops.



SENIORS' SILVER THREADS CLUB

CEILIDHS

Wednesdays 7:30 PM - 10:30 PM **Great Local Entertainment** Refreshments provided

SAVE THE DATES:

July 2, 9, 16, 23, 30





@rollobayfiddlefestival */rollobayfiddlefestival

rollobayfiddlefestival | Instagram, Facebook

View rollobayfiddlefestival's Linktree to discover and stream music from top platforms like Spotify here. Your next favorite track is just a click away!

* Linktree / May 23

TOWN OF SOURIS

Lindee Gallant -Community Navigator for Eastern PEI

Lindee.Gallant@cbdc.ca Telephone: 902-969-5989

Rachel Buell
Eastern PEI Community Navigator
(P) 902-786-9942

(E) Rachel.Buell@cbdc.ca



The PEI Community Navigators are here to work with all newcomers and new residents to the rural regions of Western, Central, and Eastern PEI. As you transition into your new life, they are here to answer any questions or concerns you may have, and to open the doors to everything you'll need to know about your new community.

You may be moving here from another country (temporarily or permanently), or even from another province within Canada, either way, we are here to help you!

FREE SOURIS CANADA DAY CELEBRATIONS: Friday, July 1, 2025, 12:30-4:00pm

*@ CN Park Raising the Flag, singing "Oh Canada", Free trees to take home, games, Entertainers (Daniel Bushey & Fiddlers' Sons), pony & horse rides, photo booth and a water inflatable.

FIREWORKS @ 10pm Souris Beach. Sponsored by the Town of Souris, Maritime Electric & Canadian Heritage. There will also be face painting, tattoos. Be sure to come to the Souris Beach a bit early for the Canada Day Sail & Shine. (weather permitting)



Join us at East Point Lighthouse on July 1st from 10:30 AM-12:30 PM to celebrate Canada's 158th birthday. Cupcakes will be served plus there will be a scavenger hunt and live music by Raymond MacDonald.



WWW.SOURISCREDITU.COM

COMMUNITY FOOD CUPBOARD

JULY 2025







THANK YOU TO OUR SPONSORS





Read More on our website





SAVE THE DATES:

CONCERTS

July 3 - Good Ol' Boys with William McCarthy July 10 - Jah'Mila

July 17 - Tara MacLean with Drea MacDonald

July 31 - The Burning Hell and Shotgun Jimmie present: Never Work



Concerts begin at 7:30 PM

MOVIES

July 6 Footloose 7pm
July 13 Lego Movie 2 pm
July 23 Johnny Belinda 2:30pm
July 27 Paddington Bear 2pm

FREE MOVIES for SENIORS

every 4th Wednesday of each month Other dates: June 25, July 23, August 27, & Sept. 24. All movies Start at 2:30PM.







3:00-6:00PM Join us **Sunday, July 6**

in Souris at the Souris Regional School on 15 Longworth Street for an unforgettable afternoon of food, community, and purpose. Every plate supports local school food programs, local initiatives and global school cookhouses in Kenya. Tickets, volunteer info & more: www.villagefeast.ca

How will you take your steak?

At the **Village Feast,** your Island beef striploin is chargrilled your way and served with brown butter mashed potatoes and rich oxtail gravy. And that's just the beginning...

Choose steak, lobster, or both — every ticket includes chowder, shortcake, and all the fixings.

Come hungry. Leave full — and full of good vibes for a great cause!







Souris Farmer's Market: Promoting fresh local product and hand crafted items from farmer/producers, crafters, and artisans. The Market is held on **Fridays** weather permitting. **10am-2pm** on the Eastern Kings Sportsplex grounds, 203 Main Street, Souris, PE.

VENDOR REGISTRATIONS ARE NOW OPEN!

Contact Mary Theresa at 902-687-2157 Ext. 5

https://www.peiseaglassfestival.com





MERMAID TEARS SEAGLASS FESTIVAL





The 16th Annual Mermaid Tears Sea glass Festival, 203 Main Street, Souris, PE

July 26th & 27th Dive into the Magic of the Mermaid Festival and join us for an enchanting weekend filled with treasures from the sea, and endless fun for the whole family! Explore our sea glass wonderland featuring a mesmerizing array of sea glass, nautical, and food vendors. Indulge in delicious coastal cuisine while browsing unique handmade crafts and jewelry. Kids will delight in face painting, photos with real mermaids, inflatables, crafts, games and more! Let their imaginations soar as they join in the excitement! Don't miss the thrilling Shard Contest,

Sea Glass Bingo, and Live entertainment! We are excited to be hosting in coordination with the Souris Regatta Revival. Stay tuned on social media for updates.



Financé par le gouvernement du Canada











MENTAL HEALTH COUNSELLING IN SOURIS

Julie Lindsay, a licensed Counselling Therapist (CT) and a Canadian Certified Counsellor (CCC), is accepting clients in Souris on TUESDAY and THURSDAYS. Julie works with individuals, families, couples, and groups and has years of experience working with children and adolescents, grief and loss, couples/relationships, parenting, anxiety, depression, and trauma. Julie holds graduate degrees from Vincent University, Halifax, and Lehigh University, Pennsylvania, as well as bachelor's degrees from Dalhousie University and Carleton University. You can contact Julie for more information, to arrange a confidential session or a free 10-minute phone consultation at julielindsaynye@gmail.com







28 Church St., Souris, PE

Bakery

902-687-3032 Our kitchen is always busy with both clients and staff creating many different types of goods for our customers. It is one of our busiest programs here at the Harbourview Training Center.

Below is a list of baked goods, food and services that we offer through our kitchen. HTC offers catering (pick up or drop off) to individuals, businesses, groups and events. Cakes for all occasions decorated specifically for each customer.

We do cinnamon rolls, date squares, cookies and sweet trays. Dinner rolls and biscuits. Pickles, jams and jellies. Loaves of bread including raisin. Our famous carrot cake. We appreciate every order placed with our bakery as it assists with this program and others within our center. If you have an event, a business or gathering, we welcome you to contact the Harbourview Training Center kitchen to discuss your food needs.

Gift Shop

Drop into our location and view our beautiful showroom featuring wood products made exclusively by our clients. You'll find items such as seasonal decorative pieces, cottage decor, rustic signs, birdhouses, mirrors and so much more. If you are looking for decor items for your home, cottage or business no matter what season, please drop in and see what the Harbourview Showcase has to offer. Below are some of the items you will find in our shop.

Woodworking

Harbourview Training Center's woodworking shop is one of our busiest programs. Our clients have the opportunity to learn woodworking skills with the support of Harbourview staff. Clients get to build and create wood products that we sell in our showcase gift shop such as seasonal wood decorative items and hanging directional signs that they can personalize specifically just for you.

Our woodworking shop also accepts custom requests to builds benches, picnic tables, frames, shelving and more. One of the busiest sections is our refinishing/refurbishing area. Customers bring in items such as desks, chairs, tables for our clients to refinish so if you need a wood item spruced up or brought back, please contact us.

6th Annual Spud Fest PEI

an annual festival that raises funds for charity. In the name of music, family, friends, & potatoes....

Spud Fest VI: Saturday, July 12, 2025

in Souris & Area. Spud Fest is a shoestring, DIY, backyard music festival that features electric ensembles of artists from Atlantic Canada and beyond. This year's lineup will show case a mix of curated and juried acts

> **Harbourview Training Centre will** be this year's charity recipient

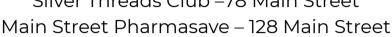
🚨 DEFIBRILLATOR LOCATIONS IN SOURIS 🚨

Knowing where to find an AED could save a life!
Automated External Defibrillators (AEDs)
are available at the following
locations in the Town of Souris:



AED +

Fiddling Fisherman Lookout - 13 Lower Rollo Bay Rd.
Souris Beach (Summer only)– 8 Main Street
Remedy RX – 51 Main Street
Souris Legion – 56 Main Street
Souris Town Hall – 75 Main Street
Silver Threads Club –78 Main Street



Souris Fire Department – 135 Main Street

Home Hardware - 175 Main Street

Eastern Kings Sportsplex – 203 Main Street

Souris Regional School –15 Longworth Street

Colville Manor - 20 MacPhee Avenue

Souris Hospital – 17 Knights Avenue

Onda – 20 Hope Street

Agra West – 30 Hope Street

Souris Harbour Authority – 118 Breakwater Street

Do you have an AED on site at your business or facility? If so, we'd love to include you in our community list!

Please contact Jeanne at 902-687-2157

if you'd like us to share that your location has an AED available.

Together, we can help ensure everyone knows where to find this lifesaving equipment in an emergency.

TIPS FOR YOUR EMERGENCY PREPAREDNESS

SAFE HOME INSTRUCTIONS

Make sure you have a working smoke alarm and carbon monoxide detector installed on each level of your home. It is recommended that you also install a smoke detector in every bedroom. You should aslo have a well-stocked first aid kit to treat minor injuries. If you live in an apartment, know where the fire alarms and at least two emergency exits are located. Remember the reception centre (a place, often used during emergencies where people can gather, receive services, and potentially find temporary accommodation or assistance.)

is the Acorn Room at the Eastern Kings Sportsplex, 203 Main St. Souris, PE







Free Community Meals Volunteer Based Dine-In Only



Break Bread & **Meet Your Neighbor DATE: TBD Details on the**

Tipsy Farmers & Friends Community Dinners Facebook page

TIME: 11:00 AM -1:00 PM

LOCATION: Souris Regional School Cafeteria

MEAL: TBD



GARDEN



A very special Thank-you to the **Town of Souris Souris Credit Union** for their ongoing donations and support of our **Community Dinners**







⊁ D.B. MacClure Community Gardens 🎾

The Located at the corner of Chapel Avenue & Colville Street Do you love gardening but don't have space at home? Why not book a 10' x 20' plot in the D.B. MacClure Community Gardens! Grow your own fresh veggies, herbs, or flowers in a welcoming community space. All you need to bring is your hose and garden tools—

we'll provide the plot!

Contact Curtis Laybolt at 902-327-0511 to reserve your spot. Plots will be ready for planting by mid-June, so don't wait!

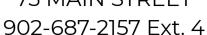
🌻 Dig in and grow something beautiful this season! 🌻





SOURIS LIBRARY

3rd FLOOR OF THE SOURIS TOWN HALL 75 MAIN STREET



HOURS: TUESDAY 2:00 PM - 6:00 PM

THURSDAY 2:00 PM -6:00 PM

FRIDAY 10:00 AM - 3:30 PM

SATURDAY 10:00 AM - 3:30 PM

souris@gov.pe.ca



Your library card gives you 24/7 access to a wide variety of popular digital magazines through Flipster. There are no wait lists nor borrowing limits.



Enjoy stories, songs, and rhymes for kids ages 0-5

Summer Reading Club, Ages 6 - 12 Tuesdays at 3pm



July 8th, Tuesday at 2:30 - Brilliant Labs
July 15th, Tuesday at 2:30 - Making Pom Pom
Launchers and Competition
July 22nd, Tuesday at 2:30 - Brilliant Labs
July 29th, Tuesday at 2:30- Taylor Swift Trivia,
Friendship Bracelets and Moodboards



Did you know that the public libraries also offer the following items you can borrow:

Disc Golf Sets

Disc Golf is a popular flying disc sport in which players throw a disc at a target. The game follows rules similar to golf. Each set contains a driver, a mid-range and a putter disc and a carry bag.

Dodow Sleep Aids

Dodows are a metronome-style sleeping aid that aims to help users fall asleep naturally through slowing one's breath and relaxation.

Energy Meters

In partnership with Switch Stratford and Switch Charlottetown, the PEI Public Library Service offers a number of electronic energy meters for the public to borrow. These devices calculate the energy consumption and cost of your home appliances which can potentially lead to helpful advice on home energy use.

OUNS OF PEI

TRANSPORTATION EAST INC.

A non-profit organization that provides transportation services to seniors, people with disabilities and low income islanders at affordable rates for individuals living in Eastern PEI.



Contact (902)-380-9277 for more information

RURAL TRANSIT

Booking Instructions To ensure you have a seat on the bus please do the following:

- 1. Click the "Book Seat" button at t3transit.ca/transit-pei-schedules 2. Complete booking
- 3. Bookings must be made online a minimum of 1 hour before you wish to travel (Bus will not stop unless a booking for that pickup location has been made) 4. Online bookings can be made up to four weeks in advance Note - Call 902-812-0808 or email bookings@islandtransitpei.ca for any inquiries or booking assistance (during office hours Mon-Fri, 8am - 4pm)

BUS SCHEDULE: SOURIS TO CHARLOTTETOWN (Morning)

5:58 AM - Souris Ferry Terminal 6:00 AM - Eastern Kings Sportsplex 6:02 AM - Petro Canada Gas Station 6:06 AM - Ecole La Belle Cloche (Rollo Bay) 6:08 AM - Fortune Ultramar Travel Stop 6:10 AM - Dingwells Mills Park & Ride



CHARLOTTETOWN TO SOURIS (Morning)

7:45 AM - Confederation Centre Box Office, Queen St 7:54 AM - UPEI Bus Shelter, Browns Court 8:00 AM - Royalty Crossing Mall Bus Shelter

(Late Afternoon Times)

4:00 PM - UPEI Bus Shelter
4:10 PM - Shaw Building
4:15 PM Confederation Centre Box Office Oueen St.

4:18 PM - Holland College, Grafton St.

4:23 PM - Queen Elizabeth Hospital





BURNING PERMITS



www.sourispei.com

If you require a burning permit, you must apply with the Province, the Town of Souris does not issue burning permits for any area of the municipality.

The municipal bylaws for burning are located on the Town of Souris website. In the Town of Souris, Prince Edward Island, burning regulations are outlined in **By-law No. 85-4: Garbage Burning**. This by-law prohibits individuals from burning or incinerating grass or garbage on any property—commercial, residential, or recreational—without prior written consent from the Town Council and approval from the Fire Chief.

The Fire Chief determines the appropriate type of incinerator to be used for such activities.

Violations of this by-law result in fines: \$50 for the first offence and \$100 for each subsequent offence.

Additionally, during the **wildfire season (March 15 to November 15), provincial regulations require checking daily burning restrictions before any outdoor burning. You can check current restrictions or call 1-800-237-5053. https://www.princeedwardisland.ca/en/feature/burning-restrictions#/service/FireRestrictions/FireRestrictions

For more information or to obtain necessary approvals, contact the Town of Souris at 902-687-2157.

Burning permits are not required for Category 1 fires.

Category 1 fire specifications:

Piles no larger than three metres in diameter,

Piles no more than two metres high,

Multiple piles must be at least 10 metres apart from each other,

No more than two piles burning at one time,

Burning of tree limbs, leaves, brush or cut grass is permitted,

Includes campfires* except in licensed private, municipal, and provincial campgrounds, and Fire must be attended at all times.

*Campfires are any open fires** that burn no larger than 0.5 metres in

*Campfires are any open fires** that burn no larger than 0.5 metres in diameter and are intended for recreation (and not for survival).

**Open fires are any fires not in an enclosed CSA approved appliance (e.g. propane or charcoal fueled appliances such as BBQs, propane or natural gas fire bowls, and Coleman-style camp stoves).

Chimneys are considered open fires.

Before burning you must check the Burn Restriction Map



SOURIS LEGION

56 Main Street (902) 687-2300 Open 11 AM - 11 PM Monday - Thursday Open 11 AM -12 AM Friday & Saturday



Please note: There are no regular meetings during July & August.

Next regular meeting is TUESDAY, September 9th at 7:00 PM

Food is served from 11 AM - 7 PM each day,

eat in or take out.

REGULAR EVENTS

Open Crib, Wednesdays at 6:30 PM Bingo, Fridays at 7:00 PM Saturday afternoon jam sessions at 2:30 PM Everyone Welcome!

Saturday evening - Dig for the Deuce - Live music Tickets available at the Legion, or online at www.acechaser.com

Food Bank (back door)- Saturday mornings 9AM - 11AM Buddy Check - 1st & 3rd Tuesday every month at 10 AM **June Yard Sale June 28th** 8:00 AM - 12 PM Table \$10 or 2/\$15 Please leave your name and number at the bar. **July Yard Sale is July 26th.**If Bringing a donation for the yard sales,

please leave your name and number at the bar.

Check Souris Legion Branch #3 Facebook page for further details about events.



St. Albans Anglican Church

4 Washington Street, Souris
will be open for July and
August services every
Sunday at 10am.
Everyone welcome.









ISLAND WASTE MANAGEMENT CORPORATION

Eastern Waste Watch Drop-Off Hours

Dingwells Mills 100 Selkirk Road Rte. 309

Summer & Winter:

Monday 8:00 AM - 4:30 PM,

Wednesday 8:00 AM - 4:30 PM,

Friday 8:00 AM - 4:30 PM

Saturday 8:00 AM - 12:30 PM

CONTACT INFORMAITON

Additional sorting guides & calendars can be printed from our website or picked up at any town hall or Access PEI.

WEBSITE: iwmc.pe.ca
PHONE NUMBER: 1-888-280-8111

RECYCLE COACH
Do you have the RECYCLE COACH APP?
The app is FREE to download on your
smart device (mobile phone or tablet) and offers:
*Convenient access to collection schedules
*Notifications on your smart device to place
your carts and recyclables curbside
*An easy-to-use interactive sorting guide
*And more!





Souris Cultural Heritage and Genealogy Centre



Located in the Matthew & McLean Building
95 Main Street

The Historium room will be opening in June. Step Into the Past at the Souris Historium & Genealogy Research Room!

Discover the rich tapestry of Souris' heritage!
Come explore fascinating artifacts, captivating local history, and uncover your family roots at the Souris Historium and Genealogy Research Room.

Whether you're tracing your family tree, diving into the stories of our seaside town, or simply curious about days gone by—there's something here for everyone!

Located in the heart of Souris
Open Monday - Friday 8:30 AM - 4:30 PM
Our Friendly worker is ready to help you explore
Bring your curiosity and leave with a deeper
connection to our community.
History lives here—and so might your story!

The Matthew and McLean building was originally constructed in 1869 in order to house the then newly formed Matthew and McLean company. Today the building houses a historical museum with artifacts related to their general merchant business along with the Visitor's Information Center.











A Note From the RCMP: Say NO to Bullying and Cyberbullying

Bullying happens when someone purposely and repeatedly says or does hurtful things to someone else. Some bullying acts are illegal, and they can have long-lasting effects on victims psychologically and sometimes physically. Bullying behaviour in childhood can be a precursor to criminal behaviour. Helping someone: If you fear for your safety, or the safety of someone you know, call 9-1-1 or the local police department. If you think or know someone is being bullied: If it is safe to do so, try not to be a bystander and stand up for them. Talk to them to let them know they can trust you and that they shouldn't deal with bullying alone.

Help them document the bullying. Report the bullying or help the victim do so.

How to report - You may report:* Criminal offences to your local police detachment *Cyberbullying to social media sites or apps *Online offences to Cybertip.ca *School bullying to school administrators

*Unwanted text messages to telephone service providers

SOURIS FIRE DEPARTMENT







Properly use and store gasoline

- Use gasoline only as motor fuel, never as a cleaner or to break down grease.
- Only store gasoline in a container that is sold for that purpose and never bring it indoors, even in small amounts.
- Never store gasoline containers in a basement or in the occupied space of a building.
- Keep them in a detached garage or an outdoor shed.
- Make sure the container is tightly capped when not in use.

SOUPER COMMUNAUTAIRE GRATUIT



VEUILLEZ L'INSCRIRE À VOTRE CALENDRIER POUR

LE MOIS DE JUILLET AU PAVILLON DE L'EST À 861 ROUTE 2 - ROLLO BAY OFFRE SOUPER COMMUNAUTAIRE GRATUIT MARDI 8 JUILLET 17 h 00 - 19 h 00

TRIVIA & TUNES avec PAUL et BYRON

MERCREDI 30 JUILLET de 19h è 22h LES PORTES S'OUVRENT è 18 h. SERVICES DE CUISINE ET DE BAR DISPONIBLES I 5,00 \$ DE FRAIS D'INSCRIPTION VENEZ NOUS REJOINDRE POUR UNE SOIRÉE DE DIVERTISSEMENT AVEC TRIVIA ET MUSIQUE, DÉLICIEUSES AILES DE POULET ET UNE BOISSON.

AU PAVILLON DE L'EST À 861 ROUTE 2 - ROLLO BAY

VENTE DE GARAGE CAFE ORGANISE UNE VENTE DE GARAGE EN EXTÉRIEUR AU PAVILLON DE L'EST LE SAMEDI 2 AOÛT DE 8h à 14h (en cas de pluie, la vente aura lieu à 7intérieur)....SI €ÏUELQU'UN EST INTÉRESSÉ PAR LA LOCATION D'UNE TABLE, VEUILLEZ CONTACTER DARLENE L'ADRESSE SUIVANTE : cafe.rollobay@gmail.com LE COÜT D'UNE TABLE EST DE 15,00 \$ ET DE 10,00 \$ POUR CHAQUE TABLE SUPPLÉMENTAIRE.

LOCATION D'INSTALLATIONS/DE SALLES CAFE (comité acadlen et francophone de test)
OFFRE LA LOCATION DE SALLE/GYMNASE, etc. è NOTRE INSTALLATION - PAVILLON DE
L'EST - 861 ROUTE 2, ROLLO BAY

NOUS LOUONS DES ESPACES POUR DES ÉVÉNEMENTS/ACTIVITÉS TELS QUE DES RÉUNIONS, DES ATELIERS, DES ANNIVERSAIRES, DES MARIAGES.
POUR PLUS D'INFORMATIONS, ENVOYEZ UN COURRIEL À DARLENE 8 : cafe.rollobay@gmail.com

FREE COMMUNITY SUPPER

PLEASE MARK THIS ON YOUR CALENDAR FOR JULY PAVILLON DE L'EST AT 861 ROUTE 2 -ROLLO BAY IS OFFERING A FREE COMMUNITY SUPPER TUESDAY, JULY 8 5:00 p.m. - 7:00 p.m.

TRIVIA & TUNES With PAUL and BYRON *WEDNESDAY, JULY 30 from 7 - 10 p.m. THE DOORS OPEN at 6 p.m. KITCHEN AND BAR SERVICES AVAILABLE! \$5.00 REGISTRATION FEE

COME JOIN US FOR AN EVENING OF FUN WITH TRIVIA AND MUSIC,
DELICIOUS CHICKEN WINGS AND A DRINK

GARAGE SALE CAFE IS ORGANIZING AN OUTDOOR YARD SALE AT THE PAVILLON DE L'EST ON SATURDAY, AUGUST 2 FROM 8 a.m. - 2 p.m.

(if raining we will have it Indoors)... IF ANYONE IS INTERESTED IN RENTING A TABLE PLEASE CONTACT DARLENE AT: cafe.rollobay@gmail.com

THE COST FOR A TABLE IS \$15.00 AND \$10.00 FOR EACH ADDITIONAL TABLE.

RENTAL OF FACILITY ROOMS

CAFE (comité acadien et francophone de l'est) OFFERS HALL/GYM RENTALS, etc.
AT OUR FACILFFY - PAVILION DE L'EST - 861 ROUTE 2, ROLLO BAY
WE RENT SPACES FOR EVENTS/ACTIVITIES SUCH AS MEETINGS, WORKSHOPS, BIRTHDAY
PARTIES, WEDDINGS.

FOR MORE INFORMATION EMAIL DARLENE at: cafe.rollobay@gmail.com







Now Offering
Hot Stone Massage

Dromoting wellness through massage and motion

Nancy Cook RMT, CSEP-CPT

175 Main St. Suite 210, Souris 705-229-7729 text preferred nancy@gofigurefitness.ca

www.gofigurefitness.ca



Just For You Massage Therapy

Come and be Kneaded

Serving the Community
since 2014
Book online @
Justforyoumassagetherapy.ca

or text 902-208-1105

Planning next steps?

We can help.

Free & Confidential *Funde Advance the Car

*Funded by the Department of Workforce, Advanced Learning and Population through the Canada-PEI Labour Market Agreement:



Souris: 902.687.1526 souris@cdspei.ca

Montague: 902.838.5453 montague@cdspei.ca





Souris Co-op 83 Main St. Souris, COA 2B0 ph. 902 687 2723 fax 902 687 2020 *HOURS:* Sunday 12 pm - 6 pm

Sunday 12 pm - 6 pm Monday to Friday 8 am - 8 pm ~ Saturday 8 am - 6 pm



Dog Treats 100% natural ingredients
Zero preservatives, low calories
Variety flavors available
Irene 902-215-0451

1260 Rte. 2 Rollo Bay West macnme2019@gmail.com



Morgan La Vic

now accepting new patients at 51 Main St. Souris, PE

Direct Billing Available

Deep Tissue

Relaxation

Pregnancy

Sports

Conveniently Book Online

www.morganlaviermt.ca

(902) 218-9293

morganlaviermt@gmail.com





THE TOWN OF SOURIS DOG LICENSING PROGRAM



runs from June 1 to May 31.

Residents are required to annually register their dogs through this program in person at the Souris Town Hall.

We will need your name, address, phone number, email, the name of your dog(s), the color of the dog(s), the breed, male or female and whether they are spayed or neutered.

Dog tags are \$5 for spayed/neutered dogs and \$10 for non-spayed or non-neutered dogs



The Town of Souris enforces its animal control regulations through the Companion Animal Control By-law 2004-05. This by-law mandates that all dogs residing within the town must be registered and wear a valid dog tag.

These tags are renewable annually and are essential for ensuring that lost pets can be promptly identified and returned to their owners



Naufrage Harbour Days - August 9-10

Come celebrate the spirit of our coastal community. Hosted by the non-profit Friends of Shipwreck Point Lighthouse, this two-day event is packed with live music, local food, artisans. games, and activities for all ages. Follow us on social media for the latest updates and a full schedule as the big weekend approaches! Want to Get Involved? We're always looking for volunteers and community partners to help make Naufrage Harbour Days a success. If you're interested in volunteering or have any questions about the event, please reach out to us at friendsofshipwreckpoint@gmail.com.





SOURIS REGATTA

SCHEDULE OF EVENTS JULY 24 - AUGUST 3

Tug of War 7pm

Tug of War 7pm

Family Pub Night 4pm

Sandy Claus Celebration 8pm

THURSDAY Heave & Ho Carnival 5pm

Tug of War 7pm

SATURDAY Mermaid Cove Water Zone 12pm

SUNDAY Boat Poker Run 12pm

FRIDAY

MONDAY Regatta Reel Night 7pm

TUESDAY Sandy Toes & Sunset Glow All Day

WEDNESDAY Harbour Heroes 12pm Dockside Classics 6pm

THURSDAY The Burning Hell & Shotgun Jimmie - Never Work 7:30pm

FRIDAY Paddle Palooza

SATURDAY Boat Races 1pm

SUNDAY Antique Car Show 1pm



Bass Derby (con't)

19+ Dance 9pm

FOR MORE DETAILS & UPDATES FOLLOW US FACEBOOK @sourisregattarevival



902-330-4243

sourissauces@gmail.com 396 Veterans Memorial Hwy

Open 7 days a week

10am – 4pm

What is Souris Sauces all about?

"From Seed to Salsa"

Fresh, Wholesome, Natural

Pesticide Free,

Small Batch Salsa,

Jellies, Grill Sauces &

Preserves

From our hands to yours

Tantalize your tastebuds!





Where Art Lives

14 Hebrew Avenue, Souris PE

(the former United Church), Jewelry, and textiles, glass, visual arts, woodwork, photographs Get ready to explore original art,

Get ready to explore original art,
handmade gifts, and island-made
treasures from over 30 local artists.
Follow along on <u>Facebook</u> and <u>Instagram</u>
for sneak peeks, behind-the-scenes
content, and updates as we get ready to
open our doors!
artisansonmainsouris@gmail.com

Dr. Ainsley MacKinnon CHIROPRACTOR

- Personalized Care for Pain Relief
- Exercise Therapy and Pain Education





Located at Physio East Montague
Partnered with Reactive Health







MAIN STREET MALL



Proudly
Supporting
Events in Our
Community



902-687-3332

175 Main Street Souris, PEI

Souris Office Suites

NEED A RIDE

If you need a drive, local or long distance. i.e. Moncton, Saint John, Charlottetown or Halifax or to doctor's appointments, airport or general travel call Danny at (902) 940-6689

Please don't drink & drive!

To keep up-to-date on community events and news: follow the Town of Souris on Twitter or like us on Facebook.

TOWN of Souris @SourisPE or www.sourispei.com