

TOWN OF SOURIS

## **MOUSETALES**

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TOWN OF SOURIS







# **July Winners:**

\$500- T. & J. Carter

\$100 - Main St. Pharmasave, L.

Robertson & K. Macdonald, D.

Campbell

\$50 - W. Eastman, T. Magennis,

B. Stewart, McKenna Bros.

Souris Lions Club members meet the first and third Thursday of each month @Legion

Visitors are always welcome to attend Souris Lions Club meeting Contact Larry Fitzpatrick or email @sourislions@gmail.com

NOTE The deadline for SEPTEMBER"S Mousetales is AUGUST 20th before noon. Send your information to jroche@sourispei.com

#### **BOARDROOM PLACES**

Access PEI - 902-687-7000 Souris Hospital - 902-687-7150 Silver Threads Club - 902-687-4380 Harbourview Training Centre - 902-687-3032 St. Mary's Parish Hall - 902-687-2319 Eastern Kings Sportsplex - 902-687-2323 Town Hall Chamber Room - 902-687-2157 Ext. 0 Souris Legion - 902-687-2300

Souris Town Hall Office Hours Monday-Friday 8:30am - 4:30pm Contact: town@sourispei.com 902-687-2157





TOWN

SOURIS

www.sourispei.com



#### **SAVE THE DATES:**





# SILVER THREADS SENIORS CLUB

#### **CEILIDHS**

Wednesdays
7:30 PM - 10:30 PM
Great Local
Entertainment
Refreshments provided

#### **SAVE THE DATES:**

**JULY 30, AUG. 13, 27** 



SILVER THREADS CLUB Tuesdays 45's card play 7:00 PM

"Firekeeper Running Free" on all streaming platforms. Proceeds will go to Indigenomics Institute and Elizabeth Henry Memorial Scholarship (Fraser Basin Council). This is in thanks to the Town of Souris sponsoring my trade mission to Southeast Asia in 2000 with a friend of Pat Binns. who ran Global Vision Junior Team Canada. Thank you, Merci Conor Cantwell Mullally (Firekeeper) Note for staff/council 902-330-4882 conor@mullally.ca RedOakDiplomat.ca Facebook.com/redoakdiplomat



Lindee Gallant -Community Navigator for Eastern PEI

Lindee.Gallant@cbdc.ca Telephone: 902-969-5989

Rachel Buell
Eastern PEI Community Navigator
(P) <u>902-786-9942</u>

(E) Rachel.Buell@cbdc.ca



#### PEI COMMUNITY NAVIGATORS

#### JOIN OUR REGIONAL FACEBOOK GROUPS

- ✓ WESTERN PEI COMMUNITY NAVIGATOR
  ✓ CENTRAL PEI COMMUNITY NAVIGATOR
  ✓ EASTERN PEI COMMUNITY NAVIGATOR
  - 544 Main Street, Montague, PE COA 1RO

The PEI Community Navigators are here to work with all newcomers and new residents to the rural regions of Western, Central, and Eastern PEI. As you transition into your new life, they are here to answer any questions or concerns you may have, and to open the doors to everything you'll need to know about your new community.

You may be moving here from another country (temporarily or permanently),

You may be moving here from another country (temporarily or permanently), or even from another province within Canada, either way, we are here to help you!

## **SAVE THE DATES:**CONCERTS

**Aug. 7** - Montuno Cubano with Luisa Guiza

Aug. 10 - Jen Chapin

Aug. 12 - Richard Wood and the Benevolent Irish

Society

Concerts begin at 7:30 PM **Aug. 14**- David Francey **Aug. 21** - Open Mic Night

#### **MOVIES**

Aug. 3 Johnny Belinda 7pm

Aug. 6 Harry Postter &

The Philosophers Stone 2 pm

Aug. 13 Gnomeo & Juliet 2 pm

Aug. 17 Grease 7 pm

Aug. 20 School of Rock 2pm

Aug. 24 Wonka 2 pm

Aug. 27 The Second Best Marigold Hotel 2:30 pm

Aug. 31 Mission Impossible M:1 7 pm



**FREE MOVIES for SENIORS** 

of each month
Other dates:
August 27, & Sept. 24.

August 27, & Sept. 22 All movies Start at 2:30PM.

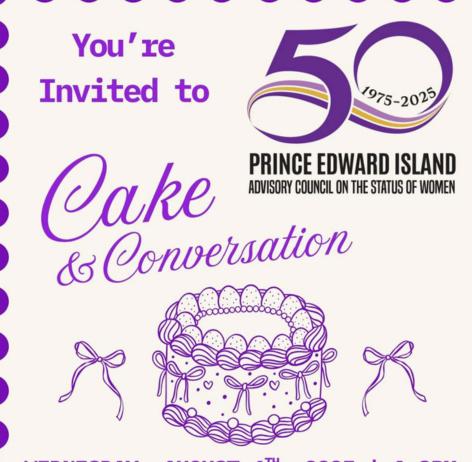




## COMMUNITY FOOD CUPBOARD

The community food cupboard has been closed as of June 2025.





WEDNESDAY, AUGUST  $6^{TH}$ , 2025 | 1-3PM

Fortune Community Centre, 220 Fortune Wharf Rd N, Souris

Come celebrate with us!

The 50<sup>th</sup> Anniversary of the

PEI Advisory Council on the Status of Women

**ALL WELCOME** 





#### SOURIS SUMMER YOUTH **RECREATION CAMPS**

Weekly camps began The camps will run for 8 weeks. for Children going into grades 1-6 8:30am to 4:30 pm Location: Souris Regional School Week 4 July 21 - 25 Week 5 July 28 - Aug. 1 Week 6 Aug. 4-8 Week 7 Aug.11-15 Week 8 Aug. 18-22 please contact the Souris Town Hall for availability and for the details 902-687-2157



Variety of locations throughout Three Rivers Registration deadline: August 25/25 Golf Registration deadline: July 31st Participants must be 55 years old or Older by December 31, 2025 More details https://pei55plusgamessociety.ca





### **MUSIC IN THE PARK SERIES**

Every Sunday in August 2-4 pm @ Centennial Park Gazebo Main Street, Souris Aug. 3 To be Determined Aug. 10 To be Determined Aug. 17 to be determined Aug. 24 to be determined Aug. 31 to be determined Remember to bring your own chairs!

Sponsored by the Town of Souris and Canadian Heritage.

> Check the Town of Souris Facebook page for details











Souris Farmer's Market: Promoting fresh local product and hand crafted items from farmers/producers, crafters, and artisans. The Market is held on Fridays weather permitting. 10am-2pm on the Eastern Kings Sportsplex grounds, 203 Main Street, Souris, PE. **VENDOR REGISTRATIONS ARE NOW OPEN!** 

Contact Mary Theresa at 902-687-2157 Ext. 5





















#### **Discover the Magic of Souris Beach Gateway Park!**

Located just steps from the shore, Souris Beach Gateway Park is your one-stop destination for seaside eats, unique finds, and family fun!

#### Mouth-Watering Eats & Local Treats:

**The Poke Shack** – Serving up fresh and flavorful bowls featuring lobster, crab, tuna, shrimp, chicken, California, and veggie options.

**The Jerk Shack** – Fall-off-the-bone ribs, juicy chicken, pulled pork, savoury sides, and sweet desserts. A taste of the island by the sea!

**The Lobster Shack** – Located right on the boardwalk! Specializing in Colville Bay oysters and fresh PEI lobster. Promoting PEI seafood—
one delicious species at a time!

**Blend & Brew Truck** – Smoothies, coffee, wraps, hot dogs, sandwiches, and more! 902-940-3668

**The Canadian Food Truck** – Homemade burgers, chicken burgers, and the best poutine around!

**Beachside Sweet Shop** – Don't miss her famous homemade ice cream sandwiches!

#### **Charming Shops & Coastal Treasures:**

Red Bandana Creative – Handpicked gifts, homegrown with East Coast love.

The Seaglass Shanty – Gorgeous handcrafted jewelry and gifts made with authentic beach-found seaglass (you can even bring your own and have it made into a keepsake!). Plus, award-winning Oh Fudge PEI Potato Fudge!

Locally made crafts, gifts, and more — there's something for everyone!

#### A Park for All Ages:

Enjoy the playground, splash pad, picnic area, gazebo, and accessible washroom & shower facilities. Plenty of RV parking during the day and wheelchair-accessible paths.

Stroll the boardwalk, dip your toes in the Northumberland Strait, collect seaglass, or just relax and watch the waves roll in.

Create unforgettable moments with your loved ones.

Souris is the Gateway to the Îles de-la-Madeleine Ferry — come early and explore all the beach park has to offer!









28 Church St., Souris, PE 902-687-3032

#### **Bakery**

Our kitchen is always busy with both clients and staff creating many different types of goods for our customers. It is one of our busiest programs here at the Harbourview Training Center. Below is a list of baked goods, food and services that we offer through our kitchen.

HTC offers catering (pick up or drop off) to individuals, businesses, groups and events. Cakes for all occasions decorated specifically for each customer.

We do cinnamon rolls, date squares, cookies and sweet trays. Dinner rolls and biscuits. Pickles, jams and jellies. Loaves of bread including raisin. Our famous carrot cake. We appreciate every order placed with our bakery as it assists with this program and others within our center. If you have an event, a business or gathering, we welcome you to contact the Harbourview Training Center kitchen to discuss your food needs.

#### Gift Shop

Drop into our location and view our beautiful showroom featuring wood products made exclusively by our clients. You'll find items such as seasonal decorative pieces, cottage decor, rustic signs, birdhouses, mirrors and so much more. If you are looking for decor items for your home, cottage or business no matter what season, please drop in and see what the Harbourview Showcase has to offer. Below are some of the items you will find in our shop.

#### Woodworking

Harbourview Training Center's woodworking shop is one of our busiest programs. Our clients have the opportunity to learn woodworking skills with the support of Harbourview staff. Clients get to build and create wood products that we sell in our showcase gift shop such as seasonal wood decorative items and hanging directional signs that they can personalize specifically just for you.

Our woodworking shop also accepts custom requests to build benches, picnic tables, frames, shelving and more. One of the busiest sections is our refinishing/refurbishing area. Customers bring in items such as desks, chairs, tables for our clients to refinish so if you need a wood item spruced up or brought back to life, please contact us.

#### The 6th Annual Souris Genealogy Day

hosted by PEI Scottish Settlers Historical Society will be held on August 16th at 2 pm at Silver Threads Seniors Club, 75 Main St, Souris.

Myrna Babineau will present A Scottish Heroine: Flora MacDonald (1722-1790) Refreshments will be served. Free admission and everyone is welcome.



#### **DEFIBRILLATOR LOCATIONS IN SOURIS**

Knowing where to find an AED could save a life!
Automated External Defibrillators (AEDs)
are available at the following
locations in the Town of Souris:



AED +

Fiddling Fisherman Lookout - 13 Lower Rollo Bay Rd.
Souris Beach (Summer only) - 8 Main Street

Souris Beach (Summer only)– 8 Main Street Remedy RX – 51 Main Street Souris Legion – 56 Main Street

Souris Town Hall – 75 Main Street Silver Threads Club – 78 Main Street

Main Street Pharmasave – 128 Main Street

Mairi Street Friairriasave – 120 Mairi Street

Souris Fire Department – 135 Main Street

Home Hardware - 175 Main Street

Eastern Kings Sportsplex – 203 Main Street

Souris Regional School –15 Longworth Street

Colville Manor – 20 MacPhee Avenue

Souris Hospital – 17 Knights Avenue

Onda – 20 Hope Street

Agra West – 30 Hope Street

Souris Harbour Authority – 118 Breakwater Street

Do you have an AED on site at your business or facility?
If so, we'd love to include you in our community list!

Please contact Jeanne at 902-687-2157

if you'd like us to share that your location has an AED available.

Together we can help ensure everyone knows where to find this lifesaving equipment in an emergency.



#### **Fall Prevention:**

#### Secure rugs and carpets:

Loose rugs and carpets can cause trips and falls, so ensure they are secured to the floor or removed.

#### Install grab bars in bathrooms:

Grab bars in the bathroom can provide support and stability, especially for older adults or those with mobility issues.

#### **Ensure good lighting:**

Adequate lighting, especially on stairs and in hallways, can help prevent falls by improving visibility.

#### Arrange furniture to create clear pathways:

Clutter and poorly placed furniture can create obstacles, so arrange furniture to allow for easy and safe movement.





#### 14 Hebruew Avenue, Souris



#### **WORKSHOPS**

Saturday, Aug. 2nd - Encaustic Lupins with Tanya Calver
Wednesday, Aug. 6th - Painted Greeting Cards with Avery Livingstone
Wednesday, Aug. 13th - Weaving with Rika Cheverie
Saturday, Aug. 16th - Acrylic Painting with Paula Sheehan
Saturday, Aug. 23rd - Needle felting with Lisa Freeman

All workshops run from 1-3pm. Spots are limited; to book your seat email us at artisansonmainsouris@gmail.com, call at (902) 327-0441, or message us on our socials.



#### St. Albans Anglican Church -

4 Washington Street, Souris will be open for July and August services every Sunday at 10am. Everyone welcome.



1 Located at the corner of Chapel Avenue & Colville Street

Do you love gardening but don't have space at home? Why not book a 10' x 20' plot in the D.B. MacClure Community Gardens! Grow your own fresh veggies, herbs, or flowers in a welcoming community space. All you need to bring is your hose, plants/seeds and garden tools—we'll provide the plot!

Contact Curtis Laybolt at 902-327-0511 to reserve your spot. Plots are ready for planting by mid-June, so don't wait!

Dig in and grow something beautiful this season!

#### **Reminder: 20-Minute Parking on Main Street**

A friendly reminder to please be courteous to others when parking on Main Street in Souris, especially in the busy section between Church Avenue and Belle Avenue. These spots are 20-minute parking zones to ensure that everyone has a chance to quickly access the many great businesses in our downtown core.

Signs are clearly posted, and your cooperation helps keep Main Street welcoming and accessible for all.

Thank you for doing your part to support our local businesses and fellow community members!

— Town of Souris

#### **SOURIS LIBRARY**

2 Africandly sees

3<sup>rd</sup> FLOOR OF THE SOURIS TOWN HALL

75 MAIN STREET

902-687-2157 Ext. 4

HOURS: TUESDAY 2:00 PM - 6:00 PM

THURSDAY 2:00 PM -6:00 PM

FRIDAY 10:00 AM - 3:30 PM

SATURDAY 10:00 AM - 3:30 PM

souris@gov.pe.ca



Your library card gives you 24/7 access to a wide variety of popular digital magazines through Flipster. There are no wait lists nor borrowing limits.



Enjoy stories, songs, and rhymes for kids ages 0-5

#### Summer Reading Club, Ages 6 - 12 Tuesdays at 3pm



**Digital Literacy Program** for Near Seniors and Seniors

Friday August 1st, 1 - 3pm, Adults
Interested in learning more about your cellphone, tablet
or laptop register to attend a free TechNTalk Session at
the Souris Library

# Did you know that the public libraries also offer the following items you can borrow: Dodow Sleep Aids

Dodows are a metronome-style sleeping aid that aims to help users fall asleep naturally through slowing one's breathing and relaxation.

#### **Energy Meters**

In partnership with Switch Stratford and Switch Charlottetown, the PEI Public Library Service offers a number of electronic energy meters for the public to borrow. These devices calculate the energy consumption and cost of your home appliances which can potentially lead to helpful advice on home energy use.



#### TRANSPORTATION EAST INC.

A non-profit organization that provides transportation services to seniors, people with disabilities and low income islanders at affordable rates for individuals living in Eastern PEI.

Contact (902)-380-9277 for more information

## Transit PEI

#### **RURAL TRANSIT**

Booking Instructions: To ensure you have a seat on the bus please do the following:

- 1. Click the "Book Seat" button at t3transit.ca/transit-pei-schedules
  2. Complete booking
- 3. Bookings must be made online a minimum of 1 hour before you wish to travel (Bus will not stop unless a booking for that pickup location has been made)
  - 4. Online bookings can be made up to four weeks in advance Note - Call 902-812-0808 or email bookings@islandtransitpei.ca for any inquiries or booking assistance (during office hours Mon-Fri, 8am - 4pm)

#### **BUS SCHEDULE:**

#### **SOURIS TO CHARLOTTETOWN (Morning)**

5:58 AM - Souris Ferry Terminal

6:00 AM - Eastern Kings Sportsplex

6:02 AM - Petro Canada Gas Station

6:06 AM - Ecole La Belle Cloche (Rollo Bay)

6:08 AM - Fortune Ultramar Travel Stop

6:10 AM - Dingwells Mills Park & Ride

#### **CHARLOTTETOWN TO SOURIS (Morning)**

7:45 AM - Confederation Centre Box Office, Queen St 7:54 AM - UPEI Bus Shelter, Browns Court

8:00 AM - Royalty Crossing Mall Bus Shelter

#### (Late Afternoon Times)

4:00 PM - UPEI Bus Shelter

4:10 PM - Shaw Building

4:15 PM Confederation Centre Box Office Queen St.

4:18 PM - Holland College, Grafton St.

4:23 PM - Queen Elizabeth Hospital







#### **BURNING PERMITS**

#### www.sourispei.com

If you require a burning permit, you must apply with the Province, the Town of Souris does not issue burning permits for any area of the municipality.

The municipal bylaws for burning are located on the Town of Souris website. In the Town of Souris, Prince Edward Island, burning regulations are outlined in **By-law No. 85-4: Garbage Burning**. This by-law prohibits individuals from burning or incinerating grass or garbage on any property—commercial, residential, or recreational—without prior written consent from the Town Council and approval from the Fire Chief.

The Fire Chief determines the appropriate type of incinerator to be used for such activities.

Violations of this by-law result in fines: \$50 for the first offence and \$100 for each subsequent offence.

\*\*Additionally, during the wildfire season (March 15 to November 15), provincial regulations require checking daily burning restrictions before any outdoor burning. You can check current restrictions or call 1-800-237-5053. https://www.princeedwardisland.ca/en/feature/burning-restrictions#/service/FireRestrictions

For more information or to obtain necessary approvals, contact the Town of Souris at 902-687-2157.

#### Burning permits are not required for Category 1 fires.

Category 1 fire specifications:

Piles no larger than three metres in diameter, Piles no more than two metres high,

Multiple piles must be at least 10 metres apart from each other, No more than two piles burning at one time,

Burning of tree limbs, leaves, brush or cut grass is permitted, Includes campfires\* except in licensed private, municipal, and provincial campgrounds, and **Fire must be attended at all times.** 

\*Campfires are any open fires\*\* that burn no larger than 0.5 metres in diameter and are intended for recreation (and not for survival).

\*\*Open fires are any fires not in an enclosed CSA approved appliance (e.g. propane or charcoal fueled appliances such as BBQs, propane or natural gas fire bowls, and Coleman-style camp stoves).

Chimneys are considered open fires.

Before burning you must check the Burn Restriction Map



#### **SOURIS LEGION**

**EGION** 56 Main Street (902) 687-2300

Open 11 AM - 11 PM Monday - Thursday

Open 11 AM -12 AM Friday & Saturday

Please note: There are no regular meetings during July & August. Next regular meeting is TUESDAY, September 9<sup>th</sup> at 7:00 PM Food is served from 11 AM - 7 PM each day, eat in or take out.

#### **REGULAR EVENTS**

Open Crib, Wednesdays at 6:30 PM
Bingo, Fridays at 7:00 PM
Saturday afternoon jam sessions at 2:30 PM
Everyone Welcome!

Saturday evening - Dig for the Deuce - Live music Tickets available at the Legion, or online at www.acechaser.com

Food Bank (back door)- Saturday mornings 9AM - 11AM

Buddy Check - 1<sup>st</sup> & 3<sup>rd</sup> Tuesday every month at 10 AM

July Yard Sale July 28<sup>th</sup> 8:00 AM - 12 PM Table \$10

or 2/\$15 Please leave your name and number at
the bar. August Yard Sale is August 30th.

If Bringing a donation for the yard sales,
please leave your name and number at the bar.

Check Souris Legion Branch #3 Facebook page for further details about events.

MAN ON A MISSION
HEZRON
CANADIAN TOUR

MEET & GREET JULY 31, 2025 SOURIS LEGION @ 7:00 PM



FRIDAY, AUGUST 1/2025 SHOWTIME 7:00 PM @ SOURIS LEGION

> TICKETS \$30 DOOR \$35

OPENING PERFOMANCE
BY
SILLA SKY, PENCIL, &
KIIKII ROSE



# ISLAND WASTE MANAGEMENT CORPORATION

Eastern Waste Watch Drop-Off Hours **Dingwells Mills** 100 Selkirk Road Rte. 309

Summer & Winter:

Monday 8:00 AM - 4:30 PM, Wednesday 8:00 AM - 4:30 PM, Friday 8:00 AM - 4:30 PM Saturday 8:00 AM - 12:30 PM



CONTACT INFORMAITON

Additional sorting guides & calendars can be printed from our website or picked up at any town hall or

Access PEI.

WEBSITE: iwmc.pe.ca
PHONE NUMBER: 1-888-280-8111

RECYCLE COACH

Do you have the RECYCLE COACH APP?

The app is FREE to download on your smart device (mobile phone or tablet) and offers:

\*Convenient access to collection schedules

\*Notifications on your smart device to place your carts and recyclables curbside

\*An easy-to-use interactive sorting guide

\*And more!



# Souris Cultural Heritage and Genealogy Centre



Located in the Matthew & McLean Building
95 Main Street

The Historium room will be opening in June. Step Into the Past at the Souris Historium & Genealogy Research Room!

Discover the rich tapestry of Souris' heritage!
Come explore fascinating artifacts, captivating local history, and
uncover your family roots at the Souris Historium and
Genealogy Research Room.

Whether you're tracing your family tree, diving into the stories of our seaside town, or simply curious about days gone by—there's something here for everyone!

Located in the heart of Souris
Open Monday - Friday 8:30 AM - 4:30 PM
Our Friendly worker is ready to help you explore
Bring your curiosity and leave with a deeper
connection to our community.
History lives here—and so might your story!

The Matthew and McLean building was originally constructed in 1869 in order to house the then newly formed Matthew and McLean company. Today the building houses a historical museum with artifacts related to their general merchant business along with the Visitor's Information Center.









#### A Note From the RCMP: **Too Hot for Spot!**



Summer heat can be dangerous for pets — even fatal. From scorched paws to heatstroke, knowing how to keep them safe is critical. Go to the following link https://www.facebook.com/rcmpgrcpei for a quick guide to learn:

How hot is too hot for walks Why pets should never be left in cars Tips for keeping your furry friend cool Let's keep tails wagging safely this summer! **#PetSafety #HotWeatherTips #ProtectOurPets** #TooHotForSpot #SummerPetCare #PEIHS **#PawProtection #DontLeavePetsInCars** 

#### SOURIS FIRE DEPARTMENT







be cautious with grills, campfires, and fireworks, as well as practicing safe smoking habits and maintaining a defensible space around properties. Additionally, it's crucial to be mindful of electrical hazards and to

stay informed about local fire conditions.









TRIVIA & TUNES with Paul & Byron
Wednesday, July 30 From 7-10 PM.
Doors open at 6 PM KITCHEN & BAR
SERVICES AVAILABLE! \$5 Registration Fee
Join us for some fun, music chicken wings and a drink.

#### **FREE CRIBBAGE TOURNAMENT**:

Are you 50 years of age or older??

C.A.F.E. in partnership with Francophone et Acadiens de l'age d'or de l'ile-du-Prince-Edouard (FAOIPE) have Organized a cribbage tournament for the 50+Games

Thursday, July 31 from 1-4 PM at 861 Rte. 2 Rollo Bay. REGISTRATION is REQUIRED no later then JULY 28th.

To Register, call Judy at (902) 687-2209 or email Darlene at Café.rollobay@gmail.com

#### **OUTDOOR GARAGE SALE:**

At the Pavillon De L'est

**Saturday, Aug. 2 from 8 AM-2 PM**. (Indoors if raining) Contact Darlene at café.rollobay@gmail.com for table rentals \$10/table & \$5 for each additional table.

#### **FREE COMMUNITY SUPPER:**

**Tuesday, August 12 5:00 PM – 7:00 PM** Music by THE PENDERGAST BROTHERS.

50+ CROKINOLE Thursday, August 14 Time: 12- 4PM
QUINZOU FESTIVAL Family Fun Day Saturday, Aug. 16th
12-5 PM Inflatables, crafts, face painting, family bingo, music with
The Pendergast Brothers and a BBQ. For details contact
Tina Peters White at café@safile.org or
Darlene at café.rollobay@gmail.com

#### **RENTAL OF FACILITY ROOMS**

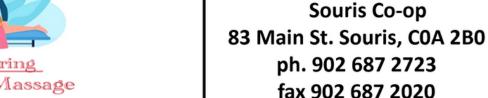
CAFE (comité acadien et francophone de l'est) OFFERS HALL/GYM RENTALS, etc.
AT OUR FACILFFY - PAVILION DE L'EST - 861 ROUTE 2, ROLLO BAY
WE RENT SPACES FOR EVENTS/ACTIVITIES SUCH AS MEETINGS, WORKSHOPS, BIRTHDAY
PARTIES, WEDDINGS.

FOR MORE INFORMATION EMAIL DARLENE at: cafe.rollobay@gmail.com









**HOURS:** 

Sunday 12 pm - 6 pm
Monday to Friday 8 am - 8 pm
~ Saturday 8 am - 6 pm



Now Offering
Hot Stone Massage

Lromoting wellness through massage and motion

#### Nancy Cook RMT, CSEP-CPT

175 Main St. Suite 210, Souris 705-229-7729 text preferred nancy@gofigurefitness.ca

www.gofigurefitness.ca



Just For You Massage Therapy

#### Come and be Kneaded

Serving the Community
since 2014
Book online @

Justforyoumassagetherapy.ca or text 902-208-1105 PUPPER CRUNCH

Dog Treats 100% natural ingredients Zero preservatives, low calories

Variety flavors available Irene 902-215-0451 1260 Rte. 2 Rollo Bay West

macnme2019@gmail.com

Planning next steps? We can help.

Job Searching Exploring Careers Funding Options

Free & Confidential Advance

\*Funded by the Department of Workforce, Advanced Learning and Population through the Canada-PELL above Market Acreement



Souris: 902.687.1526 souris@cdspei.ca

Montague: 902.838.5453 montague@cdspei.ca



REGISTERED MASSAGE THERAPIST

now accepting new patients at 51 Main St. Souris, PE

Direct Billing Available

Deep Tissue

Relaxation

Pregnancy

Sports

Conveniently Book Online www.morganlaviermt.ca

(902) 218-9293

morganlaviermt@gmail.com



To keep up-to-date on community events and news: follow the Town of Souris on Twitter or like us on Facebook.

TOWN of Souris @SourisPE or www.sourispei.com



## THE TOWN OF SOURIS DOG LICENSING PROGRAM



runs from June 1 to May 31.

Residents are required to annually register their dogs through this program in person at the Souris Town Hall.

We will need your name, address, phone number, email, the name of your dog(s), the color of the dog(s), the breed, male or female and whether they are spayed or neutered.

Dog tags are \$5 for spayed/neutered dogs and \$10 for non-spayed or non-neutered dogs

The Town of Souris enforces its animal control regulations through the Companion Animal Control By-law 2004-05. This by-law mandates that all dogs residing within the town must be registered and wear a valid dog tag.

These tags are renewable annually and are essential for ensuring that lost pets can be promptly identified and returned to their owners



#### **Naufrage Harbour Days - August 10**

Event Highlights:

- Delicious Food; BBQ Hotdogs- Classic summer favourite
- Live Music Local talent keeping the vibes high all day
- Trivia & Bingo Test your skills and win fantastic prizes
  - Dunk Tank Take a shot at dunking local personalities
  - Bounce Castle Fun for the kids (and the young at heart)
- Vendors Market Local artisans and vendors showcasing their best
  - Duck Race Cheer on your rubber duck as it floats to victory!
    - And lots more!

As a non-profit organization, Friends of Shipwreck Point Lighthouse is proud to host this event to help support community projects and preserve the rich history of the area. Your attendance helps us continue our mission!

Date: August 10th

Location: Naufrage Harbour

Admission: FREE!

Come out and enjoy a day of community spirit, entertainment, and fun,all for a great cause. We can't wait to see you there!

No ATM on site.

For more details, follow us on Facebook and Instagram!







## **SOURIS REGATTA**



## SCHEDULE OF EVENTS JULY 24 - AUGUST 3

JULY 21-27 Bass Finsing Derby

#### **THURSDAY, JULY 24**

Heave & Ho Carnival 5pm – 20 Lea Crane Blvd BBQ Fundraiser 5pm – 20 Lea Crane Blvd Tug of War 7pm – 20 Lea Crane Blvd

#### FRIDAY, JULY 25

Tug of War 7pm – 20 Lea Crane Blvd Sandy Claus Celebration 8pm –8 Main St

#### **SATURDAY, JULY 26**

Mermaid Cove Water Zone 12pm - 203 Veteran's Memorial Hwy

Tug of War 7pm – 20 Lea Crane Blvd 19+ Dance 9pm – 56 Main St

#### **SUNDAY, JULY 27**

Boat Poker Run 12pm - 118 Breakwater St Family Pub Night 4pm - 13 Lower Rollo Bay Rd

#### MONDAY, JULY 28

Seniors Sweet Bingo - 6pm - 78 Main St Family Movie Night 7pm - 5 Church Ave

#### **TUESDAY, JULY 29**

Sandy Toes & Sunset Glow All Day - 8 Main St Sunrise Yoga with Teri Hall 8am - 8 Main St Family Sand Sculpturing Comp - 5:30pm - 8 Main St 45s Card Play - 7pm - 75 Main St

#### WEDNESDAY, JULY 30

Amateur Radio 10am - 134 Breakwater St Harbour Heroes 12pm - 118 Breakwater St Dockside Classics 6pm - 118 Breakwater St Crib - 6:30pm - 56 Main St Celidgh - 7:30pm - 75 Main St

#### **THURSDAY, JULY 31**

The Burning Hell & Shotgun Jimmie Never Work 7:30pm - 5 Church St

#### FRIDAY, AUGUST 1

Paddle Palooza
Come Try Pickleball - 10-12pm -15 Longworth St
Come Try Paddle boarding - 2pm
352 Harbour Rd,
Come Try Kayaking - 3pm
HEZRON - 7:00pm - 56 Main St

#### **SATURDAY, AUGUST 2**

Boat Races 1pm - 118 Breakwater St

#### **SUNDAY, AUGUST 3**

Antique Car Show 1pm - 203 Veteran's Memorial Hwy BBQ Fundraiser 1pm - 203 Veteran's Memorial Hwy Kid's Car Show 1pm - 203 Veteran's Memorial Hwy

FOR MORE DETAILS & UPDATES FOLLOW US FACEBOOK & INSTAGRAM @SOURISREGATTAREVIVAL



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#### sourissauces@gmail.com 396 Veterans Memorial Hwy

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## 14 Hebrew Avenue, Souris PE WORKSHOPS

Saturday, Aug. 2nd - Encaustic Lupins
with Tanya Calver

Wednesday, Aug. 6th - Painted Greeting Cards
with Avery Livingstone
Wednesday, Aug. 13th - Weaving
with Rika Cheverie
Saturday, Aug. 16th - Acrylic Painting
with Paula Sheehan
Saturday, Aug. 23rd - Needle felting
with Lisa Freeman

All workshops run from 1-3pm. Spots are limited; to
book your seat email us at
artisansonmainsouris@gmail.com, call at (902) 327-

0441, or message us on our socials

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175 Main Street Souris, PEI

**Souris Office Suites** 

#### **NEED A RIDE**

If you need a drive, local or long distance. i.e. Moncton, Saint John, Charlottetown or Halifax or to doctor's appointments, airport or general travel call Danny at (902) 940-6689

Please don't drink & drive!

To keep up-to-date on community events and news: follow the Town of Souris on Twitter or like us on Facebook.

TOWN of Souris @SourisPE or www.sourispei.com